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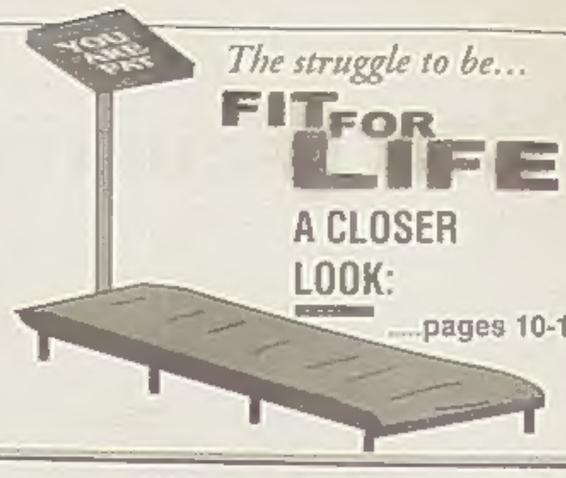
Thursday, September 26, 1996

THE CHART

MISSOURI SOUTHERN STATE COLLEGE, JOPLIN, MO 64801-1595
VOLUME No. 57, ISSUE No. 5



The struggle to be...
FIT FOR LIFE
A CLOSER LOOK:
....pages 10-11

CAMPUS CONSTRUCTION

Expansion of library high priority

By J.L. GRIFFIN
EXECUTIVE EDITOR

Space is becoming a hot commodity at Missouri Southern's Spiva Library, and College officials apparently are taking action to remedy the problem.

Dr. John Tiede, senior vice president, said the College will ask the state for $250,000 to hire an architect to do some preliminary work on an addition to the library. Tiede believes the finished product would cost approximately $4 million.

"What we asked for this year was some planning money from the state," he said.

The news of the addition was met gratefully by library patrons who said they would like more space in the library for computers and other technological equipment. Beth Wilkerson, senior education major, said she wouldn't mind if her tuition increased to pay for the costs.

"If it was for more computers, that would be one thing," she said. "Having more computers would be nice."

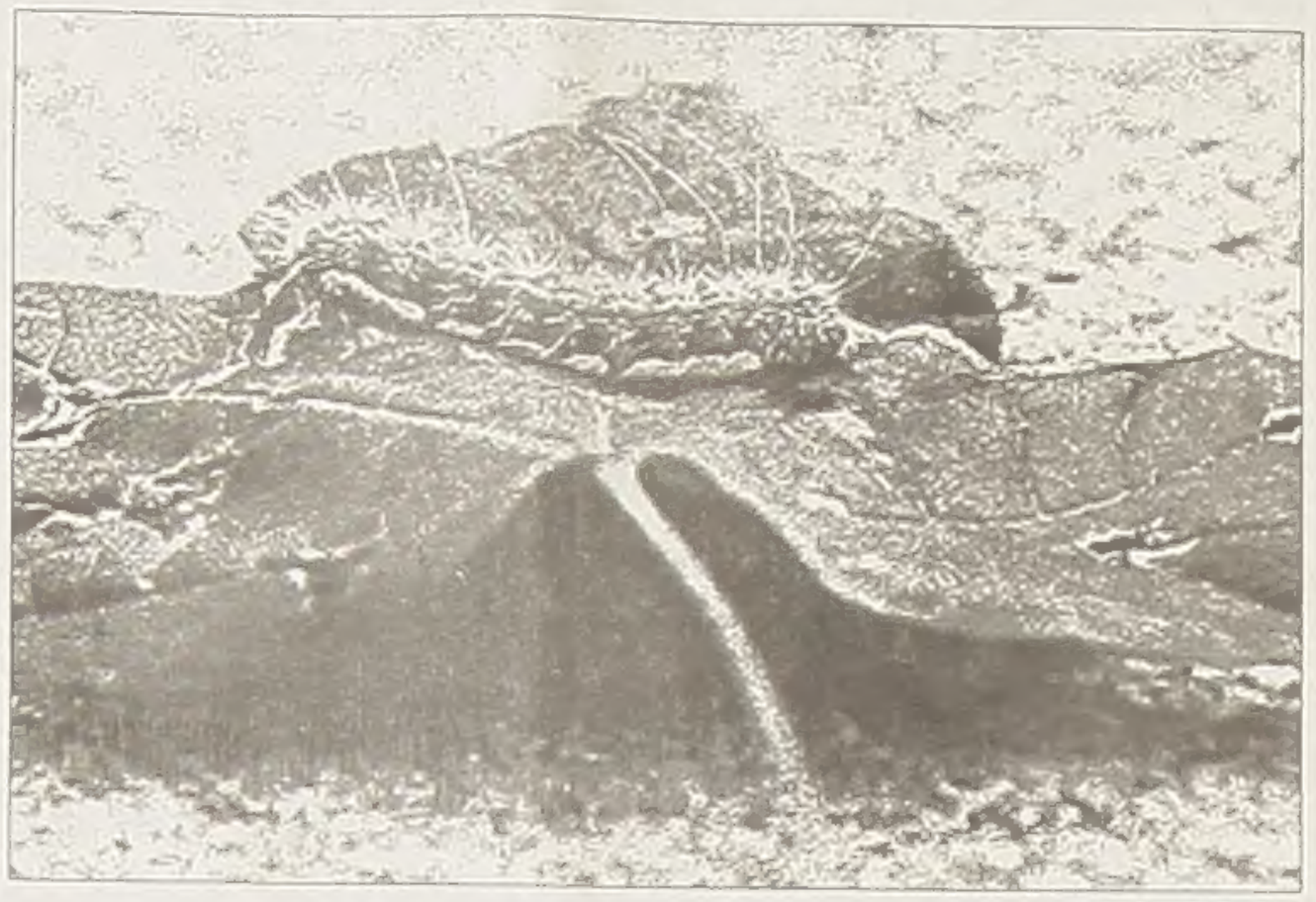
That's exactly what the additions would be used for, according to Charles Kemp, head librarian. Technological advances brought on by the computer age have created the need to expand the current facilities. Databases, computers with Internet access, and more periodicals have called for a

— Please turn to LIBRARY, page 5

BRETT DAWSON/The Chart
Matthew McGee, freshman undecided major, snatches a book from the shelves of Missouri Southern's Spiva Library.

PHYSICAL PLANT

"Even though they are unsightly, they do not hurt the trees."



JOHN SMITH/The Chart
Fall webworms, members of the tiger moth family, are out in abundance this fall due to the mild summer temperatures.

Unsightly CRITTERS

Webworms invade College trees

Unlike bagworms, webworms do not overly harm branches

By RICK ROGERS
EDITOR-IN-CHIEF

Some unfriendly and unsightly creatures have decided to make their home among the trees along the landscape of Missouri Southern.

Fall webworms, members of the tiger moth family, have generated large webs along the ends of many branches throughout the four-state area, including various deciduous trees on campus.

But unlike the bagworm, the webworm does not overly harm the tree in which it plants its nest, said Dr. James Jackson, professor of biology. Jackson said the webworms can be disposed of through pesticides, but the use of gasoline to burn away the nest is not recommended.

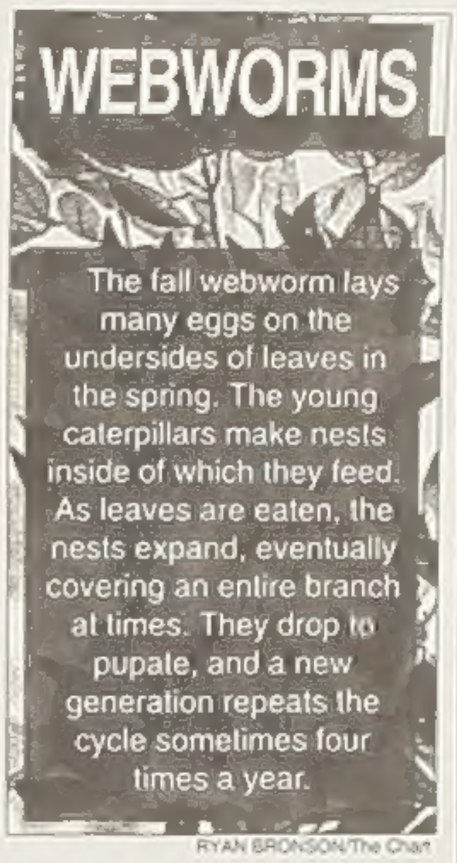
"The reason these webworms have come about in such an abundance is because many of them have survived," he said. "This past summer and winter were not too hard on them weather-wise, therefore giving us an abundance of webworms this season.

"Even though they are unsightly, they do not hurt the trees. But they do hurt pecan nut growers closer to the south."

Bob Beeler, director of the College's physical plant, said he has been advised not to exterminate the webworms from trees on campus.

"They have somewhat defoliated the trees," Beeler said. "But the trees, before it happened, were able to get enough nutrients that next year the trees should come out good as new in the spring. We were advised that cutting down the webworms could be harmful to the trees."

— Please turn to WEBWORMS, page 2



RYAN BRONSON/The Chart

ALUMNI ASSOCIATION

Pound accepts new post

By DEBORAH SOLOMON
MANAGING EDITOR

On Oct. 21, the Alumni Association will begin a new era. Lee (Elliff) Pound has accepted the position as alumni director.

Pound is currently director of marketing and public relations for Freeman Hospitals and Health System. She held the same position at the former Oak Hill Hospital.

Pound

When longtime alumni director Kreta Gladden resigned over the summer, Dr. Delores Honey, director of assessment and institutional research, stepped in as interim director while applications were accepted.

"We received 49 applications; one was from within the campus," said Dr. John Tiede, senior vice president. "Every member of the committee reviewed every application and selected their top five choices. There was a natural break between the top five applicants and the rest."

The top five applicants were then interviewed and the choice made.

"Lee was the only finalist who had served on the alumni board; that was a factor," said Richard Beydler, president of the Alumni Association board of directors.

"She had experience in all of the factors we were looking for: organizing volunteers, advertising, and fund-raising among a few," Beydler said.

Pound, a 1986 communications graduate of Missouri Southern, has been a member of the Alumni Association for eight years. She served as board president in 1995-96.

"When I heard Kreta wouldn't be coming back, I thought this would be a neat opportunity to stay in the field of public relations but change a little bit into the educational aspect," Pound said.

As director, she will handle the operations of the Alumni Association. She will also work with College President Julio Leon in the administrative aspects of the association. □

STUDENT LIFE

"I spend a lot of time over here, helping out or just watching movies."

Liliana Valencia
Junior music major

SLC adds spice to campus nightlife

By SCOTT FRANCIS
STAFF WRITER

Outside, rain pounds the ground into mud, wind shrieks and bends trees nearly horizontal, and thunder booms incessantly.

Inside, the hollow *tink* of ping-pong competes with the more solid *clack* of billiard balls as the rumble of explosions, gunfire, and orchestra emanate from a small movie theater.

The scene: Southern's new Student Life Center on a Monday evening, during a particularly intense thunderstorm. Although enough rain has fallen to make the building a veritable island, students are still wandering in, even as they make jokes about swimming back to the residence halls. Puddles quickly grow next to a window in the lobby where sophomore theatre major Donald Leffert types Social Security numbers of incoming students.

Leffert is one of several students who work at the SLC, which is open from 8 a.m. to midnight Sunday through Thursday, and from 8 a.m. to 3 a.m. on the weekends. His main responsibility is to enter into a computer the ID number of anybody who comes through the door.

"It just kind of helps us to keep track of when we're the busiest.

— Please turn to SLC, page 5

Brandon Lawson, freshman undecided major, works out on an exercise bike in the Student Life Center Wednesday.

BRETT DAWSON/The Chart

Index

What's Inside

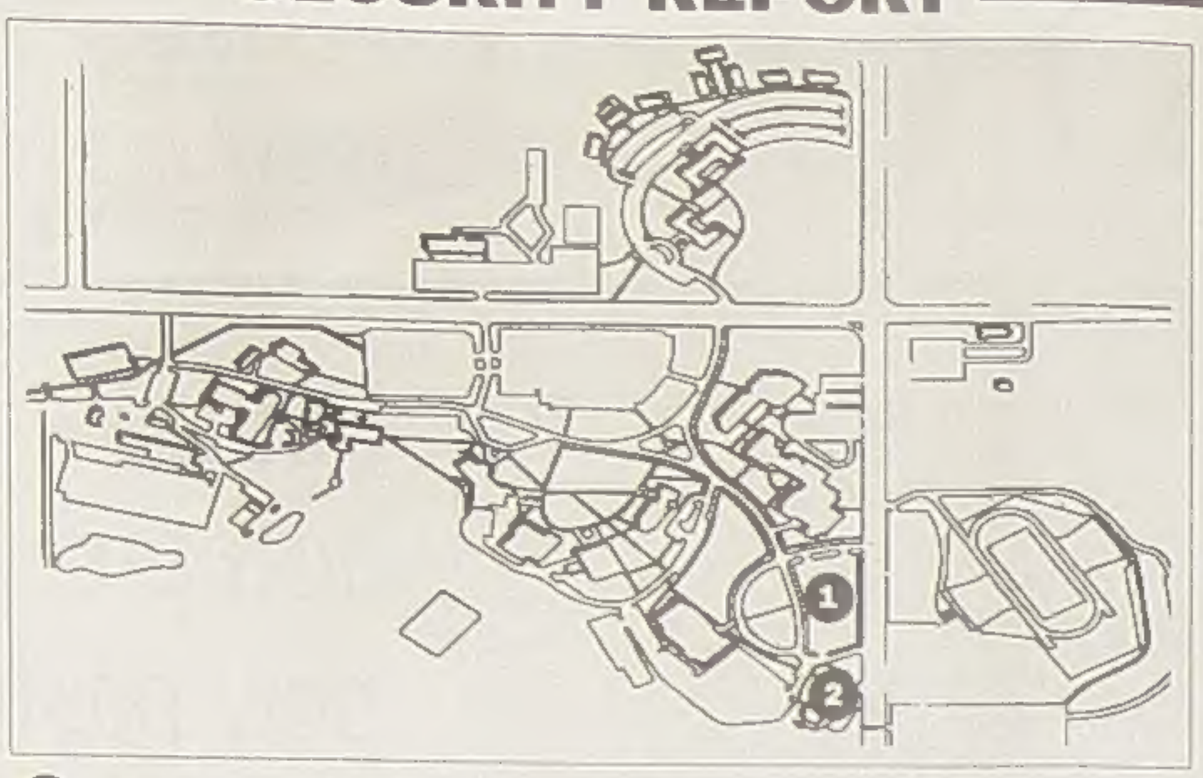
SECOND FRONT:

Missouri Southern head baseball coach Warren Turner did not spend his summer lounging around on the ball field — he spent it improving Joplin's Joe Becker Stadium.....page 3

SPORTS:

Missouri Southern's soccer team picked up its fifth consecutive win versus Southwest Baptist at MSSC Field Tuesday.....page 12

SECURITY REPORT



1	09/23/96	LOT 37	Noon	David Cook, freshman undecided major, reported to campus security that while stopping his Toyota T-100 to pick up a friend, he backed up, striking a vehicle behind him. The occupant, Margie Hill, senior sociology major, gave Cook her name and phone number, then drove off. Cook's vehicle suffered a small dent in the rear bumper and Hill's vehicle sustained some damage.
2	09/25/96	TAYLOR HALL	11:58 a.m.	Campus security responded to Taylor Hall in response to a probable burglary. Upon arrival, Susan Simmons, College employee, stated she found the window broken in Room 108. There did not appear to be any entry into the room.

SOCIAL SCIENCE DEPARTMENT

Instructor to show films

By GINNY DUMOND
STAFF WRITER

Successful advertising has opened the door for a new project in the social science department at Missouri Southern.

Larry Cebula, assistant professor of history, has decided to show a different historical movie every other week in conjunction with his classes.

Cebula said he has two main motives for showing the films.

"First, I want to help students with similar interests to get to know each other; and second, I want to show films which have historical significance."

Cebula said student response was strong in reference to the advertising of the first film shown, Bruce Beresford's *Blackrobe*, and he said several people came to view the piece. The film was advertised with the heading "Sex! Violence! Jesuits!," but Cebula said the motto was related only to *Blackrobe* and would not be a continuing theme.

Cebula said he hopes the movies can be educational as well as entertaining.

"Sometimes you can watch a bad film and still appreciate its historical accuracy and transversely," he said. "There are fantastic films that butcher historical fact. We'll try to find a balance or at least movies that make for good discussion."

Cebula said the idea to find a way for students in the social science department to meet one another originated at a department retreat at the beginning of the semester.

"In a commuter college like Missouri Southern it's more difficult to get students with similar interests together outside of class," Cebula said.

Because none of Cebula's students had seen *Blackrobe*, he saw an opportunity to get some of them together.

"I figured free popcorn and a little extra credit would be a good incentive for any college student," he said.

> *I figured free popcorn and a little extra credit would be a good incentive for any college student.*
>
> **Larry Cebula**
> Assistant professor, history

The next film presented will be the English historical movie *Beckett*. It will be shown at 2:15 p.m. Wednesday in Room 223 of Webster Hall.

A different movie will be shown every other Wednesday at the same time and place. Cebula said he will continue showing the movies at least until the end of the semester. ❐

WEBWORMS: Insects not harmful to trees

From page 1

J.L. Buck, a resource forester for the Missouri Department of Conservation, agreed with Jackson that even though the creatures' webs look harmful, they cause no great danger to healthy trees.

"Actually webworms are pretty common in the four-state area, and we have them every year," Buck said. "We have had just a few phone calls from people asking about what was growing in their trees. It just seems this year the webs are larger and thicker than in the past."

The fall webworm is white with dark spots with orange front legs which become red at the base.

The fall webworm lays many eggs on the undersides of leaves in the spring, but in the early summer months the young caterpillars make nests over the ends of branches, inside which they feed.

As the leaves are devoured by the caterpillars, the species extend the nests over more foliage.

If the process is allowed to continue, the entire branch may be enclosed with webbing.

During the early fall months, the caterpillars will drop to the soil to pupate. ❐

CAREER DEVELOPMENT DAY 1996 – WEDNESDAY, OCT. 2

Organizations coming to Career Development Day as of 9/26/96

Career Booths & Career Break-Out sessions in BSC from 10 a.m. to 2 p.m.

ACCOUNTING
Rand, Kurtz & Dobson
* Carmar Group, Inc.
Contract Freighters, Inc.
* Coopers & Lybrand
* Ernst & Young
Hardy & Associates
ICI Explosives
Internal Revenue Service
R. Pearson
* Lafayette House
Leggett & Platt, Inc.
Mercer, Churchwell & Mercer, PC
* Myers, Baker, Rife & Denham
Olsten Staffing Services
* Whitlock, Selton & Keeler

CADD/CAMT
Harding Glass
H.E. Williams, Inc.

COMPUTER INF. SYSTEMS
* Data-Tronics, Inc.
Ingersoll-Rand
Jack Henry & Associates
Leggett & Platt, Inc.
MO Dept. of Labor & Industrial Relations
* MO Div. of Mental Health
MO Office of Admin., Information Technology
* Southern Outdoor Products
* Tamko Asphalt Products
U.S. Army
* U.S. Telecom

CRIMINAL JUSTICE & LAW
FBI
Johnson County Sheriff's Dept.
Joplin Police Dept.
MO Board of Probation & Parole
MO Dept. of Corrections
MO Div. of Child Support Enforcement
MO Div. of Youth Services
MO State Highway Patrol
National Park Service
Tulsa Police Department
U.S. Medical Center for Fed. Prisoners
U.S. Postal Inspection Service
Univ. of MO-Kansas City Law School
Univ. of MO Law Enforcement Training
Warren, Fisher, Lee & Brown

EDUCATION
Cerebral Palsy of Tri-County
Easy Living
* Thomas Jefferson Independent Day School
U.S. Army

ENGINEERING
Eagle-Picher Industries, Inc.
Ingersoll-Rand

ENGINEERING (CONT.)
ICI Explosives
International Inventors of Tech., Inc.
U.S. Air Force

ENTERTAINMENT
* Associated Theatre Contractors
* Crowder College
Brett McDonell, Director/Actor/Comedian
Estelle Robertson-Professional Actress
* The Grand Palace
* Univ. of AR Drama Dept.
* Webb City High School
Jerry Wills-Actor/Director

FINANCE & BANKING
* A.G. Edwards & Sons, Inc.
American National Insurance Co.
Contract Freighters, Inc.
Mercantile Bank
Norwest Financial
* Office of the Comptroller of the Currency

GRADUATE SCHOOL/RESEARCH
Avila College
Iowa State University
Oklahoma City Univ. School of Law
* Oklahoma State University
Oral Roberts University
Pittsburg State Univ. Graduate School
Univ. of AR School of Law
Univ. of MO-Kansas City Law School
Univ. of MO Graduate School
Univ. of Tulsa College of Law
Univ. of Tulsa Graduate School

HEALTH CARE
Cleveland Chiropractic College
Freeman Hospital & Health Systems
Freeman Sports Medicine
Jasper County Health Department
* Joplin City Health Department
Mc Cartney Medical Center
Oxford Healthcare
Ozark Center
Spring River Christian Village
St. John's Regional Medical Center
St. John's Sports Medicine Clinic
Willow Crest Hospital

HUMAN SERVICES
Cerebral Palsy of Tri-County
* Division of Family Services
Easy Living
Jasper County Family Services
Jasper County Sheltered Facilities
Joplin Regional Center
MO Div. of Child Support Enforcement
MO Div. of Youth Services
Ozark Center

HUMAN SERVICES (CONT.)
* Private Industry Council
* Salvation Army
Spring River Christian Village
The Independent Living Center, Inc.
United Way of Joplin

INSURANCE
American National Insurance Company
Mutual of Omaha
The Principal Financial Group
Western Southern Life

MARKETING & MANAGEMENT
Auto Publishing Company, Inc.
AT&T Wireless Services
* Boatmen's Bank
Champs Sports
Contract Freighters, Inc.
* Empire District Electric Company
Freeman Hospital & Health Systems
Grace Energy Corporation
Harding Glass
Hastings Books, Music & Video
ICI Explosives
Ingersoll-Rand
JC Penney
Joplin Area Chamber of Commerce
* Joplin Public Library
* KAT 102.3/KSYN 92.5
* KSN-TV
Leggett & Platt, Inc.
* Meeks Building Center
* Mercantile Bank
MO Dept. of Labor & Industrial Relations
* MSSC Spiva Library
Mutual of Omaha
Olsten Staffing Services
Social Security Administration
South Outdoor Advertising
Spring River Christian Village
The Joplin Globe
Willow Crest Hospital

MEDIA
KOAM-TV
* KOBC Radio
* KODE-TV
* MSSC Public Information Office
* The Joplin Globe

SCIENCES
Doane Products
Eagle-Picher Industries, Inc.
George Washington Carver National Monument
Jasper County Health Development
National Park Service
* Neosho National Fish Hatchery
* Roaring River State Park
St. John's Regional Medical Center

ACADEMIC BREAK-OUT SESSIONS

9:00 a.m. to Noon — Matthews Hall

Faculty will present information about the various majors offered at MSSC. Sessions begin on the hour and last about 45 minutes.

Room#	9:00	10:00	11:00
MH102	Marketing/Management	Marketing/Management	
MH103	Accounting	Accounting	
MH104	Dental Hygiene	Dental Hygiene	
MH105	Economics/Finance	Economics/Finance	
MH106		Biology & Environmental Health	Biology & Environmental Health
MH109		Computer Science	Computer Science
MH111	Music	Music	Music
MH203		Nursing	Nursing
MH206		Teacher Education	Teacher Education
MH207	Kinesiology/Phys.Ed.	Kinesiology/Phys.Ed.	
MH208		Communications & Foreign Language	Art
MH209		Theatre	Theatre
MH210		Criminal Justice	Criminal Justice
MH211		CADD/CAMT	CADD/CAMT
MH211	Social Sciences History,Sociology,Political Science	Social Sciences History,Sociology,Political Science	Social Sciences History,Sociology,Political Sci
MH304	English	English	English
MH306		Math	Math
MH318		Psychology	

CAREER BREAK-OUT SESSIONS

8:50 A.M. TO 1:40 P.M. — BILLINGSLY STUDENT CENTER

Question & Answer sessions between students and professionals working in specific fields.

AT-A-GLANCE CAREER BREAK-OUT SESSIONS SCHEDULE

8:50 to 9:30
Accounting - Recent Grads — BSC 310

9:40 to 10:20
Accounting - Public Accounting — BSC 310

10:30 to 11:10
Accounting - Industry & Non-Profit — BSC 310
Nursing — BSC 311
Economics & Finance — BSC 313
Public Relations/Advertising — BSC 314
Park Service — BSC 306

11:20 to NOON
Marketing/Management — BSC 310
Analytic Lab Work — BSC 311
Human Services — BSC 313
Broadcasting/Journalism — BSC 314
Theatre Education & Performance — BSC 306

12:10 to 12:50
Preparing for Careers in Computing — BSC 311
Kinesiology/Physical Education — BSC 313
Human Resource Management — BSC 314
Technical Theatre — BSC 306

12:30 — BSC 310
PROFESSIONAL DRESS FASHION SHOW
Great outfits modeled by MSSC students!
Merchandise provided by:
FAMOUS•BARR
Northpark Mall, Joplin, MO
Get some great ideas on building your professional wardrobe!

1:00 to 1:40
CIS - The Job Search — BSC 311
Library, Information Science & Archives — BSC 314

Call Career Services @ 625-9343 for more info.
* Attending career break-out sessions only.

See article on page 6 for schedule of events.

STUDENT SENATE

Signs ignite Homecoming controversy

By J.L. GRIFFIN
EXECUTIVE EDITOR

Several members of Missouri Southern's Student Senate devoted most of Wednesday night's business meeting to discussing something over which the group has no control.

During the announcement portion of the meeting, Stacey Mathes, senior senator, pulled out a sign made by the Modern Communications Club denouncing a vote for criminal justice Homecoming king and queen candidates.

Dr. Jay Moorman, adviser of the MCC, called the sign a "joke."

"They were just trying to goof around, and it was taken the wrong way," Moorman said.

Many members of the Senate were upset the sign was authorized by the student services office, which must stamp everything before it is posted on campus.

After several minutes of debate, Senate adviser Doug Carnahan told senators they were probably not going get anywhere with the issue because it was not a Senate issue.

"I don't know if the Senate has much say," Carnahan said.

Carnahan said he'd discussed the problem with Moorman and reported Moorman was willing to issue an apology.

"The students I talked to from the Communications Club were very concerned about a bad image," Moorman said.

However, the Senate did get business done prior to the sign controversy. After considering its finance committee's recommendations, the body voted to allocate $2,500 to three campus organizations.

Kappa Alpha Order, World Issues for Study by Educators (WISE), and Koinonia all requested $1,000 for trips. KA received only $500 for a trip to Arizona to meet with fraternity brothers last summer at a conference.

Next week, physical education majors and Southern's cheerleaders will speak before the Senate and ask for money. The cheerleading squad has requested $2,000, but discussion about the measure prior to the close of the meeting centered around the amount able to be allocated. Some senators said they would not be willing to allocate more than $1,000.

Also at the beginning of the meeting, the body was introduced to the Senate's new parliamentarian, Nick Prewett, who assured the group he was experienced in parliamentarianism. He has won awards for parliamentary procedure in high school, he said. Prewett was recommended by senior senator Alan Brady. ❐

JOE BECKER STADIUM

❐ *Once the home of famed slugger Mickey Mantle and other minor leaguers, Joplin's baseball diamond undergoes major renovations with hopes more fans will be screaming...*

PLAY BALL!

One of the chief contributors to the new look at Joe Becker Stadium is baseball Lions' coach Warren Turner (behind bat). Most of the work done at the stadium was renovations done to the landscape.

JOHN SMITH/The Chart

Ballpark undergoes makeover

By P. NICHOLAS PARKER
ASSOCIATE EDITOR

A piece of Joplin history underwent extensive improvements over the summer.

Joe Becker Stadium, the home of Missouri Southern's baseball Lions, saw many changes including new backstop padding behind home plate, new lighting, a new gate and entryway, a rain tarp, and permanent stairs to the press box.

JOHN SMITH/The Chart

This new entryway at Joe Becker is just one of the many recent additions there.

"Much of the funding came from the sale of signs [to area businesses]," said baseball coach Warren Turner, pointing to the array of signs lining the outfield fences. "Some of the money came from the [Junior USA national] trials. We got a lot of help from the Kiwanis club."

Many of the improvements were made for the Junior USA trials in August.

Turner said the next big project for the stadium will be rebuilding the press box above the concession stand.

Jim Frazier, president of the Joplin Sports Authority and Southern's men's athletic director, said the changes also make for a better facility not only for Lion baseball but for Joplin High School and American Legion Post 13, who also use the stadium.

Frazier said he was impressed with the way people throughout the city contributed to the effort, both financially and by volunteering.

"It was a good opportunity for the city to combine forces and pull together to pull off a very successful event," Frazier said. "The facility is much improved, and it is greatly appreciated by not only Missouri Southern but also the other organizations that use it as well."

The Sports Authority worked with the Joplin Convention and Visitors Bureau to bring USA Baseball to Joplin.

Mike Greninger, director of sales for the Convention and Visitors Bureau, said many people don't know the extent to which athletics are involved in the economics of the city.

"Sports are big business in Joplin," Greninger said. "I don't think a lot of people know this. There are a lot of people in Joplin who put together a lot of youth tournaments that provide a positive economic input on Joplin."

Greninger said the Kiwanis Club of Joplin played a major role in making the improvements at Joe Becker.

He also said the Sports Authority has given him the authority to pursue the effort to bring USA Baseball back to Joplin.

Turner said he hopes the improvements will help bring other organizations to the Joplin area. He suggested the American Legion World Series as a possibility, as well as the MIAA championships.

"This was a big, national event for us," he said. "Maybe now people will see Joplin as the place with the facility, the funding, and the people it takes to put on the big events."

Turner, Frazier, and Greninger were pleased with the community response to the USA Baseball event and the need for improvements at the community ballpark.

Greninger said the event gave people a chance to see the ballpark's history.

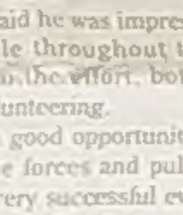
"This park has a lot of history to it," he said. "You don't see a lot of neighborhood parks like this any more. You step into the batter's box and you are standing in the same place Mickey Mantle once stood." ❐

FORENSICS

Coach vacancy stymies debate team

By STEPHANIE WARD
EDUCATION EDITOR

> *"There is no debate team this semester. But the debate team has not been discontinued."*
>
> Richard Massa
> Head, communications department



The students on the television sitcom "Head of the Class" did it, presidential candidates do it, but Missouri Southern students won't be doing it — at least for a while.

Southern's debate program has been put on hiatus this semester due to the summer resignation of its coach.

"There is no debate team this semester," said Richard Massa, head of the communications department.

"But the debate team has not been discontinued."

Coach Eric Marlow resigned the second week of July, just six weeks prior to the start of the semester, leaving little time to find a replacement. Massa said it was nearly "impossible to hire someone and get them into place" in time for fall classes and competition.

The College is seeking a director of debate/forensics for the second semester, but Massa says it may be difficult to fill the position in mid-year.

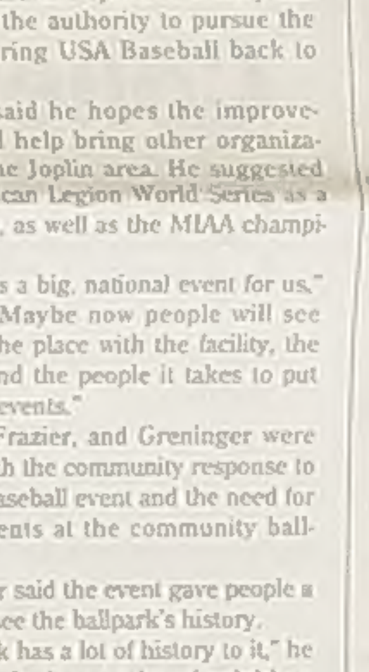
While the program has been shelved this semester, few students, apparently, have noticed.

Massa said he has seen "no indication of interest" in debating from students. Most of last year's debate team has graduated or left campus.

Massa said the team generally attracts no more than 12 members. The members do not have to be a specific major. Debate is open to anyone. ❐

Missouri Southern's
Debate Coaches

1994-96 *Eric Marlow*
1992-94 *Eric Morris*
1991-92 *Brooks Haynie*
1987-91 *Dave Delaney*
1977-87 *Dick Finton*



RYAN BRONSON/The Chart

BOARD OF REGENTS

College hierarchy hears about enrollment, construction

Leon presents Southern's budget to Board

By TAMMY SPICER
STAFF WRITER

Budget requests, enrollment decreases, and construction projects were all topics of conversation at the Sept. 20 meeting of the Missouri Southern Board of Regents in the Billingsly Student Center.

During the session, College President Julio Leon discussed the drop in enrollment for this semester. Enrollment has decreased by 203 students from the fall of 1995 to the current 5,258.

"The decrease is totally in the amount of part-time students," Leon explained. "We attribute that (drop in part-time enrollment) in great part to the strong economy."

A strategic planning task force has been created to study the effect of changing society, technology, and demographics outside the walls of Southern and to tailor the College to these changes, Leon said.

He reviewed the governor's proposal for financial aid, in the form of a $1,500 tax break for students or their family.

"I think it sends a good message to high school students," Leon said. "It is a signal that here in Missouri there is hope."

Also presented the Board by Leon was the budget request for state funding for the 1998 fiscal year that will be sent to the Coordinating Board for Higher Education, the governor, and the legislature.

Southern is requesting $21,546,000, up $1.1 million from last year's request. Included in that figure is $810,000 for the second year of the international mission enhancement, $159,500 for maintenance and repairs, $1.3 million for science equipment, and $200,000 for information technology.

In the area of capital improvements, funding was requested for the reconstruction of the Barn Theatre as an addition to Taylor Auditorium; a physical education, intramurals, and athletic building; and an addition onto Spiva Library.

"This is just one of several budgets that will be floating around Jefferson City," Leon said. ❐

SOUTHERN NEWS BRIEFS

Weeklong presentation celebrates Germany

In celebration of the reunification of Germany, Missouri Southern will present a cycle of forums by Dr. Sabine Cramer, assistant professor of German.

Officially observed Oct. 3, the presentation celebrates the fateful day in 1989 when the Berlin Wall came crumbling down. Cramer's presentation week begins Monday and ends Friday, Oct. 4. The title of the program is "Breaking Boundaries: History of the Berlin Wall." The program will held each day in Room 357 of Webster Hall. Times differ for each program.

The first three day's programs are 30 minutes long. Thursday's program is two hours long and features a documentary and discussion. Friday's presentation is an hour long. For more information, call Cramer at 625-9649. ❐

KXMS to air new series devoted to unique piano

Earwitness, a new radio series exploring the world of the Steinway Model D reproducing piano, airs on 88.7 KXMS, Joplin's fine arts radio station, at 5 p.m. Sundays, beginning Oct. 6.

The Steinway Model D reproducing piano is an instrument of unusually sophisticated design and construction unlike the more widely-produced "player" pianos.

The Oct. 6 broadcast is devoted to rolls made by Vladimir Horowitz. The program is a service of the communications department at Southern. ❐

German film explores race relations abroad

The Missouri Southern Film Society will be showing its second program in the 35th annual International Film Festival.

The award-winning film from Germany, *Ali: Fear Eats the Soul*, will be shown at 7:30 p.m. Tuesday in Matthews Hall auditorium.

The film tells a touching story of a bumpy affair between Ali, a young Arab mechanic, and Emmi, a 60-ish, widowed German cleaning woman.

The film was directed, produced, and written by Rainer Werner Fassbinder, and is best described as a moving romance, a perverse social comedy, and a biting drama of racial prejudice.

Season tickets for the remaining nine programs are on sale at $8 for adults and $6 for senior citizens or students. Single admissions are $1.50 for adults and $1 for senior citizens and students. ❐

LEX forum discusses today's justice system

LEX, the Legal Studies Club will be sponsoring a presentation of the Municipal Justice System from 12:10 p.m. to 12:55 p.m. Tuesday in Room 223 of Webster Hall. Guest speakers will be Alexander B. Churchin III, a Joplin municipal judge, and Lawrence G. Myers, municipal court administrator.

The topics that will be discussed include: DWI laws, domestic violence, sentencing procedures, and administrative structure. ❐

Senate lines up first coffeehouse meeting

Student Senate President Grant Miller has designated Tuesday as the first meeting for the diversification committee at the Java House.

The committee meets regularly during the semester to brainstorm for ideas to bring up at Senate business meetings.

Miller has invited anyone who wants to attend.

The Java House is in downtown Joplin and the meeting starts at 8 p.m.

The meetings are informal and do not follow parliamentary procedure. There is no chairperson. ❐

EDITOR'S COLUMN

People judge Dr. Kevorkian too harshly

Stephanie Goad
Associate Editor

Imagine having to go through life in excruciating pain, living on a respirator for several years in a coma, or having to be pumped full of morphine to maintain a mere existence.

To me, that's not living.

My definition of life differs from most, I'm sure. To most people, life encompasses all living things. But to me, it entirely depends on the quality of life.

Let me inform you from the beginning, though, that I do stand firm against abortion. I am pro-life to an extent. The reason I resolve to stand against abortion is because that little fetus has no choice in the matter. Its little life is dependent upon someone else's decision.

Those clients of Dr. Jack Kevorkian, on the other hand, do have a choice and I believe it is their decision to make.

I think the pro-life activists are judging Kevorkian a little too harshly. Some say he is playing God, but I stand opposed. I think he is merely providing the afflicted with the opportunity to check out of this world with at least a shred of dignity. Anyway, they are in control of the switch and are free to welsh on the decision at any time.

In fact, if you ask me, it is the pro-life advocates who cause more harm than the good doctor. I'm guessing there are probably more inhumane suicides that occur because of these high and mighty groups.

Instead of allowing them to die with a little dignity, surrounded by those they love, they force those seeking to put an end to their misery to choose an ending that is more rash.

And how about those bed-ridden, comatose patients who have had their lives sustained artificially for eight to 10 years?

Of course the pro-lifers don't mind the duration because they're not the ones footing the bill.

Now don't get me wrong; I am a sensitive person, but when it is obvious no recovery is foreseeable, allowing a person to be suspended between heaven and earth for several years, it just seems more inhumane than enacting euthanasia.

If, God forbid, I should ever end up dependent upon artificial means of life, I should hope my family won't be forced by the pro-life activists to leave me there for several years.

For those who may feel the same way I do, I have two words for you: "living will."

I know I don't want my family to have to hock everything they own to keep me alive, only to lose me anyway.

Also, I'm not so sure that I wouldn't make use of Kevorkian's services if I was in complete misery with no chance of recovering. Unless you have experienced that kind of pain, I don't think you can really say whether you would either. I'm not saying Kevorkian is 100 percent correct, and I realize the body is supposed to be a temple.

But tell me this — is it still a temple if it's pumped so full of drugs the person who occupies that body is barely clinging to existence?

I suggest the pro-lifers come up with a different definition of life and stop trying to save the world with theirs.

Until these so-called pro-life activists can prove to me that prolonging life, no matter what the pain, means, or cost is dignified and humane, I'm siding with Jack. ❐

IN PERSPECTIVE

Moderation key to stroking strings of life

Grant Miller
Student Senate President

There is an old Eastern saying that I heard one day about a sitar (commonly known as an Eastern guitar) player commenting on his instrument. Basically, it says that if the string of the sitar is wound too tight, then it will break.

On the contrary, if the string is too lax, then it will not play. But, you see, if the string is not wound too tight, nor too loose, then it will play.

This simple illustration was used to show the importance of a middle path, or if you will, moderation. I use this Eastern teaching in the hopes that I am able to convey my point to what is too common the Western (which I use as a generalization) thought on this path.

Through the course of researching a paper on eastern philosophy, conversations with the students in my College Orientation class and friends at the local coffee house (I recommend the mocha with vanilla), I have discovered several ways in which this sitar string satori takes place. Take almost any situation or genre of life and you could basically apply this simple thought.

Westerners are commonly creatures of habit. We like routine, or at least convenient routine. This convenience is not always met in some aspects of life such as the infamous subject of dieting.

Dieting is a big deal in America. Richard Simmons would not have as much fame, nor would there have been millions of dollars spent on diet tapes, plans, programs, meals, etc., and we wouldn't have shed a tear over a thinner Oprah if it wasn't.

But this dieting consumes us and we often are not able to find a middle path of moderation. Some people are starving themselves and doing 400 sit-ups one day and then eating and doing what they want the next. It is the fortunate few who have found a lifestyle of eating healthy and exercising regularly.

I myself have not found that medium.

Another aspect of these habits that we, as college students, commonly find ourselves the victim of is procrastination. For example, instead of studying a little every night for an exam, too often a lot of students cram the night before and stress themselves out in the process. This imbalance is usually the case. What's even more interesting is the fact that we proud procrastinators have convinced ourselves that we work better under the pressure of a fast-approaching deadline.

We tell ourselves that pulling these all-night sessions of bloating ourselves with information for the exam tomorrow helps us learn, and we do better that way. True, or is it just that we are so used to the procrastination, and we have finally digested the illusion that we had been feeding ourselves so heavily?

I know that I am very guilty of this. I often plan to spread out studying for an exam or preparing a paper, but I always seem to wait until the last moment. I too have almost convinced myself that this is how I work best.

This convincing of the self is very interesting. What fascinates me is the fact of how much of this convincing we actually hold onto tightly, often times too tightly.

When you hold so tightly onto a belief and accept nothing else, and when truth knocks on your door, you will not open and welcome it. This, again, could tie very closely into Western thought.

— Please turn to **MILLER,** *page 5*

OUR EDITORIALS

Unsigned editorials on this page express the opinions of a majority of The Chart editors. Observations elsewhere on the page represent independent viewpoints of columnists, cartoonists, and readers.

Government needs to back College's library expansion

Subdued as it may be, patrons of Missouri Southern's Spiva Library may have caught the glimmer in Head Librarian Charles Kemp's eyes.

The look of giddiness he isn't hiding well is all due to the fact the College has finally put the gears in motion to expand the library.

After much wishing and praying, Kemp's dreams are finally being realized — sort of.

The College has requisitioned the state to fund a preliminary planning effort with an architect at a cost of $250,000. Right now, the state of library expansion is in the hands of the state.

Sure, the state government helps out greatly with our budget, but the state funnels much more cash into the other colleges than it does Southern.

This could have something to do with the fact that nearly one-third of the 163 state representatives have attended the University of Missouri-Columbia at one time or another. The number of state senators who are Mizzou alumni is 13 of the 34 seated.

It takes only one hand to count the number of alums Southern has in the statehouse, and a person with a finger cut off would still be able to count to that number and have digits left.

All the major Missouri universities have expansive libraries at their disposal, but Southern's is slowly lagging behind in space and technology.

On the bright side, the administration should be proud of the student body and custodial staff for maintaining the splendor of Spiva Library, a 1960s creation that's still a relatively well-kept building.

Many libraries at universities have met the doom and gloom of vandals and other miscreants. Mizzou's huge house of books has graffiti in it from when Nixon was president.

This project has been in the works for some time. The College has known the problems the library has faced for years.

In 1992 the College did some research on the problem, and four years later the administration is acting on it.

The Spiva Library is one of the College's greatest resources, and its collection is one of the greatest gifts a college can give a student body, but the space limitations and technological shortcomings need to be addressed. It is a marvelous achievement to begin this process and bring everything up to date. The College needs to press the legislature and governor to make sure the dream becomes a reality.

Having Kemp waltz through the stacks with a smile on his face is a much better scenario than having him grumble through the tight patches wishing for something better. ❐

YOUR LETTERS

The Chart welcomes letters from readers. Letters must be signed and include a phone number for verification. Letters should be 300 words or fewer. Submit letters to The Chart office on the third floor of Webster Hall, fax them to (417) 625-9742, or send via E-mail. Our E-mail address:The Chart@aol.com Letters are due by noon Monday for publication in that week's edition.

Students should relish 'Sitting Wall' history

The plain, gray, and unadorned old sitting wall from the late small and poor Joplin Junior College will be reunited with its students on Southern's expansive green oval.

School. Students. Sitting: It has known no other life. In the war years, classes rescued the wall from an ignominious fate in cold Center Creek. They brought it back to where it belongs, where there is something more powerful than numbers or big names to this one-of-a-kind college, then and now: Values.

I look at this campus everyday, and I see its values. I see the friendly attention professors pay their students. I see the high percentage of minority students.

I see the helpfulness in the financial aid office. I see internships, work-study opportunities, and job-placement support.

I see the cheerful efficiency in the physical plant. I see high-quality academics, competitive athletics, and other student activities balanced in a spiritual environment. I see Bermudas and T-shirts.

Values is what the war years alumni responded to. They brought the old sitting wall to the College for its values and not a mirage.

So, too, will future alumni — those who fit this college — will be the ones who'll stay and ultimately become devoted and generous friends for life.

Larry H. Meacham

THE CHART

SPJ — The Nation's Best Non-Daily Collegiate Newspaper (1995)
ACP Pacemaker Finalist (1982, 1986, 1988, 1989, 1990, 1991, 1992, 1994)
Member: Missouri College Media Association

The Chart, the newspaper of Missouri Southern State College, is published weekly, except during holidays and examination periods, from August through May, by students in communications as a laboratory experience. Views expressed do not represent the opinions of the administration, faculty, or the student body.

SLC: Students seek refuge, entertainment

From page 1

who comes in the most often, that kind of thing," Leffert said. "Other than that, I can do pretty much whatever I want as long as I keep an eye on what's going on. I usually do homework or read here at the desk."

Although "business is pretty slow during the day," Leffert said he and his colleagues do have their hands full most nights, especially with ping-pong equipment. Many students seem to have a vigorous style of play, to say the least.

"We've had four balls destroyed and one disappear just tonight," Leffert said, displaying a handful of crumpled plastic spheres. "It's definitely the most popular thing over here."

Liliana Valencia is a junior music major and a staff assistant in the residence hall apartments.

"I spend a lot of time over here, helping out or just watching movies," she said. "I really like the new TV and stereo system."

The mini-theater includes a 50-inch stereo TV, hi-fi VCR and a Bose Lifestyles Surround Sound receiver, CD player, and speaker package. The theater also has comfortable couches and chairs to seat about 30 people, as well as a wide selection of videos ranging from *Pulp Fiction* to *Sleepless in Seattle* to *Monty Python and the Holy Grail* to the *Star Wars* trilogy.

In addition to the theater, the SLC, when fully furnished, will include eight computers hooked up to the campus network, a microwave, two soda machines, two vending machines (one of which sells sandwiches), and a bank of washers and dryers.

"The laundry equipment will operate on a card similar to the copy cards used in the library," Leffert said.

To offset the effects of movies, E-mail, and candy bars, the center will also feature several Stairmasters and a treadmill, a set of cabled weights, aerobics classes, and for the less active, air hockey, video games, two pool tables, and of course, ping-pong.

"I think ping-pong is the best activity offered, but only because it's free," said Brandan Harner, a freshman computer information systems major. "If the pool tables didn't cost 50¢ a game, I'd play all the time."

Another common complaint is the lack of a guest policy at the SLC.

"Right now, only Southern students are allowed to use the facilities. So if somebody comes in with friends from out of town, they're kind of stuck," Leffert said. "That's the most common thing in our suggestion box. We probably get half a dozen of those every day."

In the lobby of the SLC, a bank of a few hundred small metal doors occupies one wall. These mailboxes are the visible signs of the much-simplified student postal service.

Tanya Brown, freshman theatre major, is one of three student employees who work in the new mailroom.

"All student mail is forwarded here, sorted, and put in the correct mailboxes," Brown said. "It's so much easier than the mail system was in the past."

Overseeing all of these activities is Deb Gipson, director of the SLC and coordinator of student housing.

"I was a residence hall director for nine years, and then I was promoted into this job," Gipson said with a laugh. "My favorite part of the job is the atmosphere; it gives students a good place to go and hang out."

Gipson said there were a number of things she thought might be changed in the future, but that it will take at least a semester before anything will be modified.

"It's really too soon to modify anything; the SLC's only been open three weeks, and it'll be a while before we know enough about when people come and go and what they like to make any intelligent changes," she said.

Gibson said the SLC would be 80 to 90 percent furnished by mid-October, and completely done by mid-November.

"We still have to hook the computers up to the network, install the laundry machines, install the weights, and start up aerobics classes," she said. ❐

HOT CORNER

BRETT DAWSON/The Chart

Pitcher Jane Roberts (top right) attempts a pick-off during a fall scrimmage against NEO A&M Tuesday, Sept. 17, at Lea Kungle Field.

LIBRARY: College asks for $250,000

From page 1

rearrangement of the library, Kemp said.

"One revolution is succeeded by another revolution, and you have to incorporate the other," Kemp said. "It would be nice to have a floor for books and a floor for media access."

Both Tiede and Kemp said the additions are a blueprint for the future and a timeline is not as yet set. However, Tiede said the additions could be under construction by 1999.

"Judging from what I've seen during the day, it probably wouldn't hurt to enlarge it," said Scott Eastman, senior sociology major. Yet, Eastman said he's figured out a way to beat the crowds.

"I usually come over [to the library] at night and on weekends," he said. "It's dead then."

Tiede said the project has been in the works for several years. In 1992, he said the College took an initial look at the spacing problem. The additions call for about 40,000 additional square feet to be spread out on three or four floors.

Kemp, who became head librarian in 1985, said he has been waiting for the day when these improvements would be made.

"I thought we'd have something long before this," he said. ❐

MILLER: Society holds too tightly to Western thought

From page 4

or any thought, for that matter. A better example of this would be the labels which we grasp onto so tightly. Some folks believe that labels are only for soup cans, but too many people close out others by using them.

Take this election year, for example. I know of a lot of people who grabbed so tightly to a political party that they have almost completely closed themselves off to anything that is associated with the opposing party. Some may say that this is good ol' party loyalty, but it is sometimes sad to see that someone would discredit anything that a person would say only because of the label that they affiliate themselves with. So, I have taken you on this course of observations, criticisms, and questions, and now you expect my enlightening answer. Well, there is none, though I believe that Thoreau was right. "Simplify, Simplify, Simplify," but even these thoughts have made that too difficult.

For example, "I said to myself." There is the observer, I, who is observing the self. Through my research and conversations with others, I have found these observations to reveal several interesting aspects of the western lifestyle.

Though it sounds odd, it is something to think about. Thank you for your time. ❐

CAMPUS CALENDAR

S M T W T F S
26 27 28
29 30 1 2

Today 26

9 a.m. to 2 p.m.—
Homecoming primary elections.
11 a.m. to 1 p.m.—
Koinonia Lunch, basement of Stegge Hall
11 a.m. to 1:30 p.m.—
Freshman Ice Cream Social, sponsored by President Leon, BSC, Room 310
12:15 p.m.—
Physical Education Majors Club, Young Gymnasium, Room 203
6:30 p.m.—
Fellowship of Christian Athletes, BSC, 2nd floor lounge
7 p.m.—
Zeta Tau Alpha, panhellenic room
Baptist Student Union, Thursday Night Together, BSU Building

Friday 27

9 a.m. to 2 p.m.—
Homecoming primary elections.
Noon—
Psychology Club, Taylor Hall, Room 123
4:30 p.m.—
Deadline for student organizational annual report forms, BSC, Room 102

Saturday 28

4:30 p.m.—
Tailgate party, Fred G. Hughes Stadium, free to board students; $4 to others.

Sunday 29

6 p.m.—
Newman Club meeting, St. Peter's Catholic Church, 8th and Pearl
8 p.m.—
Sigma Pi meeting, basement of Stegge Hall
8 p.m.—
Alpha Sigma Alpha meeting, Alumni House, panhellenic room

Monday 30

Homecoming campus display building begins
10 a.m. to 10:30 a.m.—
German Week Introduction to History by Dr. Sabine Cramer, Webster Hall, Room 357
6 p.m. to 7:30—
Career Development Day Networking Reception, BSC.
7 p.m.—
Baptist Student Union Quest Fellowship, Baptist Student Union Building

Tuesday 1

8 a.m. to 2 p.m.—
Career Development Day, BSC.
11 a.m. to 11:30 a.m.—
German Week video presentation, Webster Hall, Room 357
Noon—
Latter-Day Saints Student Association, Billingsly Student Center, Room 313
12:10 p.m. to 12:55 p.m.—
Legal Studies Club meeting, Webster Hall, Room 223
12:20 p.m.—
College Republicans meeting, Billingsly Student Center, Room 311
7 p.m.—
Koinonia main meeting, College Heights Christian Church

Wednesday 2

Noon to 1 p.m.—
Baptist Student Union lunch, Baptist Student Union building
Noon—
Campus Activities Board meeting, Billingsly Student Center
11 a.m. to 1 p.m.—
German Week documentary and discussion, Webster Hall

CAREER SERVICES

Event supplies student options

Development day gives job seekers view of career fields

By RONNA SPARKS
CAMPUS EDITOR

With the thousands of careers available to college graduates, students' options are continually increasing and the office of career services formulates an event to help Missouri Southern students in their struggle for jobs.

Career services sponsors the annual Career Development Day, geared toward giving students an occasion to develop career opportunities.

"I want to encourage students to come so that they make smart career choices," said Jennifer Yazell, director of career services, "so they can learn more and be more educated about what they're studying.

"I want them to be smarter about the decisions they're making that will affect them for the rest of their career."

Career Development Day takes place Tuesday and Wednesday and is a student-oriented event that is open for any student, whether certain about career choices or an undeclared major with no set career goals. Yazell said the event is beneficial to anyone.

Seniors have an average six-to-nine-month job hunt awaiting them following graduation, and Yazell said participation in Career Development Day is a good starting-off point.

"The main reason for a student to attend is two-fold," she said. "For a senior, it would be to get more reliable information about specific career fields they're interested in as well as the opportunity to network with potential employers."

Although there are potential employers in attendance, Yazell said it is important to stress that this is not a job fair.

There is a break-out session designed for students unsure of their career choices or major with faculty to help students develop a field of study, especially if they are unsure of what a career entails.

"We find that a lot of times as a freshman or sophomore people make plans or have ideas about what they might do that aren't always realistic," Yazell said.

Career Development Day attracts area businesses, and although Yazell said the event is student-based, the businesses also benefit.

"This is a field where we need good people and thought it would be a good way to get the word out on what services we offer," said Cathy Cross, assistant administrator for Cerebral Palsy Tri-County. "We thought it may be a way to focus on new ways an educator or social worker could go."

Yazell said there are many reasons why businesses participate in the event.

"Employers come because they love Missouri Southern and they have a lot of good will toward our institution and because they want to help our students make good career choices," she said. "It is also good public relations for them. They want to recruit the best and the brightest for years to come so they come to raise the awareness level among students about what kind of good employers are out there."

Included in the festivities is a new professional dress fashion show.

"This year we tried to add something to Career Development Day that we thought would put a little more festivities into it," Yazell said. "We know that our students sometimes need a little help in understanding what the term 'professional dress' means."

Career Development Day is open to any student or alumni. For more information, students should see the related ad on page two of this week's issue. ❐

A key to your... CAREER Success

■ **Tuesday, Oct. 1, 1996**
- *Networking Reception, BSC, 6:30-7:30 p.m.*

■ **Wednesday, Oct. 2, 1996**
- *Career Break-out Sessions, BSC, 8:50 a.m.-1:40 p.m.*
- *Academic Break-out Sessions, Matthews Hall, 9 a.m.-Noon*
- *Visit Career Booths, BSC 10 a.m.-2 p.m.*
- *NEW THIS YEAR!!! Professional Dress Fashion Show, BSC Room 310, 12:30 p.m.*

** Great outfits modeled by Missouri Southern students and provided by Famous-Barr*

STUDENT ORGANIZATION

Omicron Delta Kappa to induct new members

By KIKI COFFMAN
STAFF WRITER

Omicron Delta Kappa, a national leadership honor society, is sending students who have been nominated for the organization applications giving them the opportunity to become a member.

"In 1987 the Missouri Southern charter was founded to recognize campus leaders," said Dr. Elaine Freeman, regional president and faculty secretary of ODK.

Robert Meeks, faculty adviser and assistant professor of music, said the membership is based on leadership and scholarships students have received.

"Every year people are selected by a variety of criteria," Meeks said. "We are getting ready to induct this group."

Members are nominated by either a current member or a member of Missouri Southern's faculty.

After checking for the 3.0 grade-point average and the 60 credit-hours completion requirements, the committee focuses on five areas of study and extra-curricular activity for each nominee.

These areas are:
- Scholarships
- Athletics
- Campus/ community service/ social/ religious/ campus government
- Campus or community journalism, speech, or message
- Creative performing arts

Applicants must have an outstanding performance record in at least one of the five areas and an involvement in at least two of the other departments.

> *"It's really an exciting group. Students can make contacts and new friendships.*
>
> **Elaine Freeman**
> Faculty secretary, ODK

"This club is unique in that ODK also has faculty members in with student members," Freeman said. "I think it is interesting to note that Dr. [College President] Leon is a member along with Dr. [Vice President Erik] Bitterbaum."

Sixty students were nominated, but Freeman predicts that fewer than half will be initiated.

In the past, the group has extended its support to the Salvation Army via food drives at Christmas and to other "worthy" charities.

Other activities include a monthly business meeting and speakers, a fall graduate school panel to inform students about planning for graduate school, and the Dolence Leadership Service Assembly and Awards Ceremony.

Freeman is adamant about her absolute support of the group.

"It's really an exciting group," she said. "Students can make contacts and new friendships." ❐

SCHOOL OF BUSINESS

PBL provides experience

By SHANDY MCBRIDE
STAFF WRITER

Phi Beta Lambda (PBL), Missouri Southern's business honor society, is going a long way toward providing leadership experience to business majors.

"Phi Beta Lambda is an international college student organization where students can participate in business leadership," said Dr. Marvin Larson, assistant professor of business.

Nathan Herndon, senior computer science major, has been a member of PBL for more than a year. He competed in the state competition in Jefferson City in March along with several other members of PBL.

"I think experience like this will help in the future with resumés and with getting a better job," Herndon said.

Herndon received first place in computer programming, which enabled him to go on to the national competition in Washington, D.C.

Nathan Herndon received third place in computer programming, and Joe Herndon received fifth place in human resources management at nationals.

PBL meets twice a month. Frank Rook from A.G. Edwards and Sons will speak at the next meeting on Tuesday. ❐

RICK ROGERS/The Chart

Melinda Hoover, senior nursing major, attempts to entice students with T-shirts to donate on Give the Gift of Life Day.

GIVE BLOOD . . . you could save a life.

Many Red Cross volunteers believe in this quote: "When you give blood, you give another birthday, another day at the beach, another night under the stars, another talk with a friend, another laugh, another hug, another chance."

National Give the Gift of Life Day was Monday and the SNA sponsored a blood drive on the third floor of Billingsly Student Center that attracted many Missouri Southern students.

Marilyn Jacobs, SNA faculty adviser and assistant professor of nursing, says it is critical to stress donating.

"There's a quote here that says every 11 seconds, someone needs blood and that's true, so that tells you how important it is," she said.

To entice individuals to give blood, the Red Cross supplied T-shirts while SNA provided food, which seemed to supplement the desire to donate.

"I was just giving the gift of life to someone that might need it," said Adrianne Lancaster, sophomore undecided major, "and it helped that I got a free shirt and food in the process." ❐

COMMUNITY SPORTS

Parents save rink from extinction

150 youths sign up for in-line league at 4-States Hockey

By AARON DESLATTE
STAFF WRITER

JOHN SMITH/The Chart

Kris Bouma, 16, Joplin, plays for Krunch during the adult league last Thursday. The rink has adult and youth leagues with three seasons per year.

Thanks to the intervention of a group of concerned parents, defensemen will continue to be burned and slap shots will continue to sail wide in Joplin.

When J.C. Burd, owner of Joplin Inline Hockey League, decided he wanted out of the business, Jean Bouma, Wes and Arleane Plume, and John Lyckman stepped in to take over ownership for a simple reason: they all had children playing in the league.

"Our children have played in the league for three and a half years," Bouma said.

"When they closed it up, we decided to reopen it for the kids. Not just our kids but everybody's."

The business has been renamed Four States Hockey League, and the name is not the only change the new owners have seen fit to make.

"There's a lot of things being done differently this season," said Brian Johnson, manager of Four States Hockey League.

"We are starting a new three-on-three league that will be free to the people who play in the regular league. We have a lot more equipment than what we used to have, and we did some remodeling around here. We got the kids' numbers on the backs of their jerseys, too."

While the new changes to the league may seem subtle, they also seem to be paying off.

"We've got 150 kids signed up for this season," said Johnson. "That's up by about 30 from last season."

Four States Hockey League offers three seasons of play a year, while shutting down for July and August.

The cost of signing up is $65, which includes a jersey.

If the league continues to grow, the new owners will be making some big changes in the distant future.

"In about two years, we hope to have an indoor building," Bouma said. "If things keep going the way they are, it will happen. We have just got to get more people in Joplin involved. A lot of people still don't realize we are here."

For more information, persons may contact Four States Hockey League at 624-8383. ❐

AREA YOUTH

Ranch to host cattle drive, chili feed in town limits

Group provides animal-assisted therapy for children

Round 'um up, partner! On Saturday, Oct. 5, Ozark Center's Turnaround Ranch will herd cattle through the streets of Joplin along with the help of some area riders.

The cattle drive is an effort to make the public more aware of some of the problems, including abuse and diagnosable mental disorders, facing Missouri's children.

Activities will begin at 7:30 a.m. with a breakfast provided by McDonald's in the parking lot across from City Hall.

The cattle will be corralled at City Hall and the grand marshal, Mayor Ron Richard, will head 'um up at 9 a.m.

The cattle will travel down Third Street to Joplin Street and take Joplin to 20th and 20th to the Ranch, which is located 2 1/2 miles west of Schifferdecker on 20th.

The Turnaround Ranch is a "working ranch" where youth can learn a number of qualities through animal-assisted therapy. The therapy is a calf project.

The ranch operates under the theory that "fostering a caring attitude for animals, the environment, and most of all, fellow human beings, is the essence of raising socially-conscientious children."

A chili cook-off will also be a part of the day's activities. It will begin at 9 a.m. on the campus of the Turnaround Ranch.

The community is advised to park and watch as the cattle pass or take an alternative route.

There will also be opportunities to tour the ranch and learn more about the role the community can play in the lives of young people.

For more information or to register for the cattle drive or chili cook-off, persons may call the Turnaround Ranch at 781-0821. ❐

REGIONAL NEWS BRIEFS

'Dining on Memories' supports historic Joplin

Main Street Joplin Inc. is hosting an evening with entertainment, dining, and a program taking a look back at the last 100 years of Joplin are on tap Tuesday at the historic Newman Building.

"Dining on Memories" will allow guests to be some of the first to see the results of efforts to restore the building to its grandeur of earlier days.

Entertainment from a pianist, a vocal group, and a string group will lead into a dinner. After eating, guests will hear presentations from six area residents, sharing tales about Joplin's past.

The social time and entertainment begin at 6:30 p.m., dinner will begin at 7:15, and the program at 8 p.m.

Guest speakers include Henry Robertson, Sister Corita Holmes, Allen McReynolds, Jim Ellis, Brad Belk, and Helen Chickering.

The evening is sponsored by *The Joplin Globe* and St. John's Regional Medical Center. Both organizations are celebrating their 100th anniversary year in Joplin.

Proceeds from the fund-raiser will be used to purchase plaques identifying historic buildings in downtown Joplin.

The bronze plaques will provide information abut the construction date, original use, and history of the buildings.

For more information, persons may contact Wendi Kelly, Main Street director, at 624-1060. ❐

City leaders converge on Joplin for meeting

City leaders and officials from all over Missouri are gathering this week in Joplin to learn new ideas and share experiences.

Joplin is hosting the 62nd Missouri Municipal League's annual conference at the John Q. Hammons Convention Center, with an anticipated attendance of more than 1,000.

The convention began Wednesday and ends Saturday.

Convention attendees will have various sessions available to them, including Legal Issues and Council Procedures, Telecommunications Act: Next Step for Cities, Cigarette Taxes without Cigarette Stamps: The New Option, and various other meetings.

Some of the more relaxing events planned are a golf tournament and a spouse's tour of the Joplin area's attractions.

This is the first time that Joplin has hosted the event, which provides education and other services to 580 cities across the state. ❐

Health care group receives grant

The Ozark Tri-County Primary Health Care group, created in 1995 by health administrators from Barry, McDonald, and Newton counties, has received a $100,000 grant from the state.

Through grant funds, the group is establishing a clinic for the working poor, probably within 12 months.

Administrators said the clinic, which will be in McDonald County, will meet a need for medical clinics to treat the working poor, typically factory workers who make too much money for government aid but not enough to afford health care.

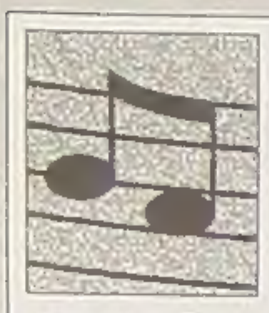
The group may use the money to hire a physician and office staff and rent an office.

The committee that will plan the clinic is composed of the three administrators, one from each county, and about 12 volunteers on subcommittees. They will be working toward defining the duties of the board members and bylaws.

There are plans for clinics in both Barry and Newton counties depending on future funding. ❐

Coming ATTRACTIONS

On Campus

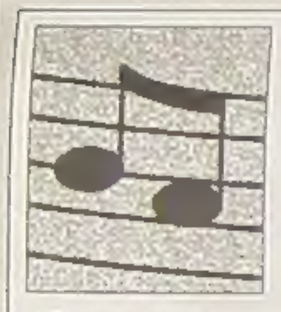


Recital

■ Sept. 26 — Senior Amy Yoder will perform her senior vocal recital in Webster Hall Auditorium

Webster Hall Auditorium
Oct. 1—Faculty piano recital by Dr. Henry Jones
Oct. 8—Faculty violin recital Dr. Liu and Dr. Carlson, 7:30 p.m.
Taylor Performing Arts Center
Oct. 16-19—Ralph Rolster Dolster
Spiva Art Gallery
Sept. 23-Oct. 18—Works of former art professor Darral Dishman and student works on exhibit.

Joplin



Concert

■ Sept. 26—Rod Piazza and the Might Flyers hit the stage at The Bypass

Champs
782-4944
Sept. 27-28—Comfortable Shoes
The Bypass
624-9095
Sept. 27—Walking On Einstein
Joplin Little Theatre
623-3638
Oct.1-6—*Hello, Dolly!*

Carthage

Stone's Throw Dinner Theatre
417-358-9665
Oct. 24-26—Gramercy Ghost

Lampe

Lampe Ampitheatre
(417)831-2727
Oct. 12—Ozzy Osbourne, with Danzig, Sepultura, and Biohazard

Kansas City

Sandstone Ampitheatre
Starlight Theatre
Sept. 28—Grover Washington Jr., Ramsey Lewis
Midland Theatre
Heartland Theatre
Oct. 6—Greater Tuna
Memorial Hall
Sept. 26—4 Him with Point of Grace
Sept. 27—Beck
Oct. 2—Black Crowes
Nov. 7—Newsboys with Geoff Moore and The Distance
Music Hall
Nov. 21—Gary Smalley

MUSIC DEPARTMENT

"...I owe a lot of my musicality to my parents."

Yoder hits high notes

By AMY DENTNER
STAFF WRITER

Sacred, secular, and foreign language selections will highlight Amy Yoder's senior voice recital.

Yoder, senior music education major, will perform 15 pieces at her recital at 7:30 p.m. Today in Webster Hall auditorium. A reception will follow in Phinney Hall after the performance.

Monica Reynolds, senior vocal music major, will accompany on piano.

According to Yoder, the first half of the program will include selections sung in Italian, German, and French. Franz Schubert and Giovanni Paisiello are featured composers.

Operatic works like "Habanera" from Georges Bizet's *Carmen* and "Voi Che Sapete" from Mozart's *The Marriage of Figaro* are among the selections.

The second part of the program includes sacred and secular songs performed in English, including two selections from *Carnival*.

Yoder, a mezzo soprano, said she liked the variety *Carnival* offers.

"My last two numbers are from the musical *Carnival*, and those two pieces are different than anything else I'm doing," she said. "It's kind of for the fun of it because I want to do some musical theater and not all classical."

While at Missouri Southern, Yoder has kept busy participating in several performing ensembles. Among these groups are the Concert Chorale, Chamber Choir, Southern Exposure, and the Madrigal Dinner.

Although she has been active in musical groups, Yoder said she has benefited from her private voice lessons with Marguerite Carney, a part-time Southern vocal instructor.

"I can sing a lot higher and a lot lower since I came to college," Yoder said. "So she's pushed me, and I've learned a lot. My range has just really broadened."

In addition to her appreciation for Carney's help, Yoder credits her family for their encouragement in her pursuit of a music education degree.

"I'm very thankful that my husband [Brad] has been very supportive of me because he is a teacher and he understands," Yoder said.

"And I owe a lot of my musicality to my parents. They have always loved music and they've always been a good example of very good musicians." ❐

JOHN SMITH/The Chart

Amy Yoder (background), senior music major, prepares for her senior recital at 7:30 p.m. Today in Webster Hall Auditorium. She will be accompanied by Monica Reynolds, senior vocal music major.

ART DEPARTMENT

MICHELLE CONTY/The Chart

Senior art major Dawn Moore frames a project Tuesday.

Staying busy keeps art major away from trouble

By MICHELLE CONTY
STAFF WRITER

Time management is essential to Dawn Moore, a senior studio art major who also participates in the flag corps and has a job in the Montgomery Ward jewelry department.

"I like to stay busy," she said. "I stay out of trouble that way."

Moore said the experience she receives from working in the jewelry department at Montgomery Ward is vital to her jewelry design classes.

"I get hands-on kind of experience," she said. "I can see how well the stones are set and the size of the prongs used. It helps me to learn about quality of stones."

Jewelry design is not the only art Moore does. She draws, paints, and works with chalk.

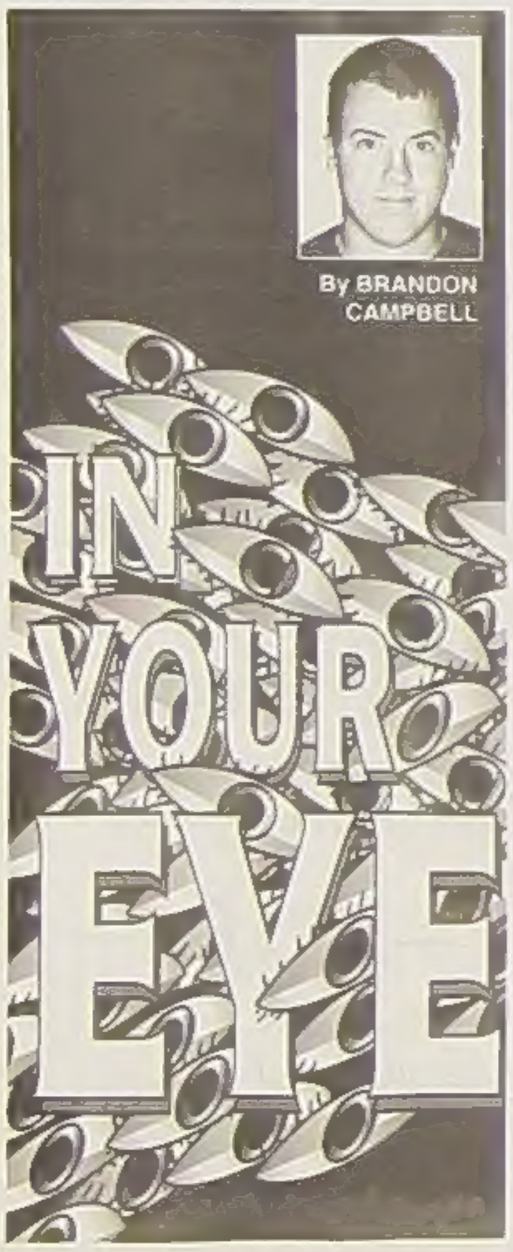
"My favorite would have to be black-on-black, with chalk," she said. "It was one of the most difficult techniques to learn, but once I figured it out, it's no problem."

Moore's experience with the flag corps goes beyond participating at Missouri Southern.

"... as long as I'm busy and accomplishing something, I'm happy."

Dawn Moore
Senior art major

— Please turn to MOORE, *page 13*



No tearjerkers here... just pure entertainment

By BRANDON CAMPBELL
STAFF WRITER

There have been many attempts to name and rank the top U.S. films. Too often these lists are done by elitist, over-critical 60-year-old men. Men who close their eyes at the sight of steamy love scenes and cringe at the sound of certain four-letter words.

Men who are intimidated by high-tech special effects and can't appreciate the humor in graphic violence. In short, critics who have lost sight as to what pure entertainment is.

The movies I have chosen were all made after 1980. The reason is simple: I haven't seen any movies before that time, and frankly I don't want to. These movies are also limited to those out on video; a 21-year-old college student can't afford to pay six bucks to see a movie at the theater.

Take note of the lack of such titles as *Schindler's List* and *Dances with Wolves*. The movies I have picked were not chosen because of the great reviews they received or because of a five-star rating. In fact, I doubt several of these films received favorable reviews from the cinema snobs, and only one of my movies got a five-star rating.

You also may notice the list void of shows like *Father of the Bride* and *Fried Green Tomatoes*. This may make the list appear to have a male slant; at least my fiance says it does. Well, I'll tell you what I told her: "I don't give a #@#@!"

These movies have a variety of different themes, from dramas to comedies, from science fiction to *Pulp Fiction*. From a distance they may seem rather random, but the one thing that ties all these movies together is their sheer entertainment value. Simply put, these movies are cool. I call them the the Top 14 Films as Chosen by a Generation Xer. Why 14?... Why not?

1. *Pulp Fiction* (1995, Quentin Tarantino). John Travolta and Samuel L. Jackson star as two gangster hit men. I have no idea what this movie was about, but that was the beauty of it. Tarantino is brilliant.

2. *The Natural* (1984, Barry Levinson). Starring Robert Redford. What can I say, I love baseball. No matter what Roger Ebert seems to think, this was a baseball movie. The drama in this movie is incredible.

3. *A Few Good Men* (1992, Rob Reiner). This movie is loaded with stars, Tom Cruise and Jack Nicholson as the headliners. The courtroom scenes are amazing. Nicholson is one bad man.

4. *The Goonies* (1985, Richard Donner). What kid didn't wish he could have an adventure like the goonies. Sean Astin stars. You can never get too old to like this one.

5. *Young Guns II* (1990, Geoff Murphy). Who says we can't like true stories. So what if it is glorified a little. That's entertainment. Emilio Estevez stars in the story of Billy the Kid.

6. *Back to the Future* (1985, Robert Zemeckis). We couldn't leave out a Michael J. Fox film. He makes a movie. Not that he lacked any imagination. Fun movie.

7. *The Empire Strikes Back* (1980, Irvin Kershner) Who could forget the Millennium Falcon, or C3PO and R2D2. It is undoubtedly a classic. The only movie on the list to receive a five-star ruling.

8. *Boyz in the Hood* (1991, John Singleton). A thoughtful look at the black section of L.A. Just enough profanity and violence to make it outstanding. Starring Laurence Fishburne and Cuba Godding Jr.

9. *Superman II* (1980, Richard Lester). Another classic. Christopher Reeve stars. Action-packed movie where he takes on three villains from the planet Krypton.

10. *Dead Poets Society* (1989, Peter Weir). Robin Williams stars as a private school teacher. The movie is inspiring. I loved the dramatic ending.

11. *Die Hard* (1988, John McTiernan). Action-packed flick. Bruce Willis rules. He is the undisputed king of one-liners. *Die Hard II* was also a consideration for the list.

12. *Scent of a Woman* (1992, Martin Brest). Al Pacino and Chris O'Donnell star. A neat story that is fun to watch. A feel-good type of movie.

13. *Clerks* (1994, Kevin Smith). Who said kids of my generation can't appreciate b/w films? This movie was hysterical. Off the wall and witty. A must see.

14. *Stand by Me* (1986, Rob Reiner). A sentimental pick for the deceased River Phoenix.

Honorable Mentions: *Tommy Boy, Raiders of the Lost Ark, Hoosiers, The Last Boy Scout, E.T.* ❐

DEBORAH SOLOMON/The Chart

Bryan Abrams, singer with the four-man group Color Me Badd, belts out a ballad during the group's performance at Joplin's Memorial Hall.

COLOR ME BADD

Mark Calderon, a member of the hip-hop group Color Me Badd, hugs with Lena Anderson, from Anderson, Mo., after the group's Sunday night performance.

DEBORAH SOLOMON/The Chart

IN YOUR EAR

Hip-hop foursome was truly 'Badd'

By DEBORAH SOLOMON
MANAGING EDITOR

Despite the disorganization, uptight security, and bad sound, the show did go on Sunday night at Memorial Hall. Color Me Badd, in fact, was "badd."

Arhanda, the opening act, did not receive much response from the audience. Although its music was decent, it just didn't jive with the sound of Color Me Badd. The most exciting part of the 10-minute performance was the guitarist as he writhed on the floor looking as though he was being electrocuted, which received some enthusiasm from the audience.

However, once CMB walked on stage, the thunderous response was a surprise because the audience had been so docile during the opening act.

Because the group had to compete with a horrible sound system, you couldn't even hear some of the harmonizing CMB is famous for. Kevin Thornton's bass vocals couldn't be heard due to the poor quality of the system, or maybe that could be attributed to the horrible acoustics in Memorial Hall. Still, the band did a great job getting the crowd into the show.

The audience was on its feet for most of the show, dancing, clapping, and singing along with the band, holding a few lighters aloft for atmosphere.

At one point, lead singer Bryan Abrams asked the audience if it wanted to have fun, and a boisterous group of girls, in unison, screamed "I Want to Sex You Up."

"Well, I guess we do," said Abrams with a boyish grin and raised eyebrows.

Now, I don't know if the Joplin police officer who reprimanded the teens knew that is a title to a song, but he did tell the girls they needed to watch what they were saying. Since when is it so illegal to request a song during a concert?

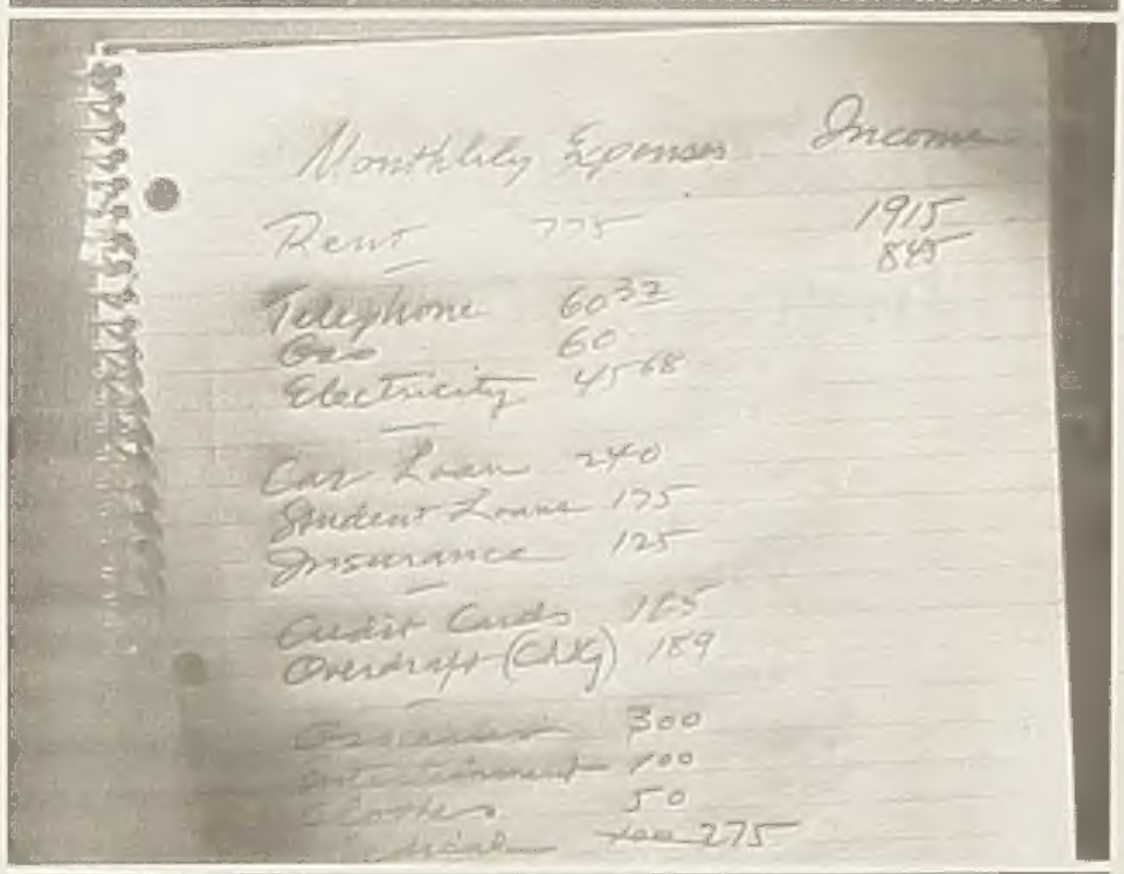
CMB's show was a blending of old and new, including "I Adore, Mi Amore," "On My Mind," "Sexual Capacity," "All For Love," and others.

The highlight of the show was the special performance by Slo Motion, a group from Topeka, Kan., who sang the black national anthem "Lift Every Voice and Sing" a cappella and received a standing ovation.

CMB was so impressed after Slo Motion's impromptu audition in the parking lot after a Kansas City show that it invited the unknown group to perform in several shows on its current tour.

The crowd at Memorial Hall Sunday night agreed. Watch for this up-and-coming band to make more of a splash.

Although it was on stage for only an hour, CMB did return for an encore, singing the previously requested song "I Want to Sex You Up." Thornton joined the crowd, moving through the audience while singing and dancing. □



FIT FOR LIFE

Dietitians push new eating habits

By TAMMY SPICER
STAFF WRITER

Remember when your mother used to chide you to "Eat your veggies?" Well, it appears she was on the right track.

"The biggest food group people don't eat is vegetables, with fruits coming in a close second," said Linda Busch, clinical dietitian and assistant director of nutrition services at Freeman Hospitals and Health System. "The new thing that we are trying to emphasize to people is the food guide pyramid."

The new food pyramid is different from the old advice of eating from the four basic food groups. It divides food into six categories: breads, cereals, rice, and pasta; vegetables; fruits; milk, yogurt, and cheese; meat, poultry, fish, dry beans, eggs and nuts; and fats, oils, and sweets. The serving amounts of vegetables and fruits has increased from the suggested two-to-four servings of both to three-to-five of vegetables and two-to-four for fruits, according to Busch.

"A serving usually consists of about a half cup," she said. "So you can't count the veggies on a Big Mac as a full serving."

The nutrition services at Freeman sees people for a variety of reasons. Counseling of community members is available through physician referral, diabetes nutrition classes, and individual consultations for weight control and heart disease, Busch said.

"Probably the biggest problems for college students and nutrition is time, money, and availability," said Dodi Thomas, clinical dietitian at Freeman Hospitals and Health System. "It's hard to find time to eat right, and usually students are on a tight budget.

"And for on-campus students, if you miss eating in the cafeteria, you'll just grab something out of the mini-fridge or order pizza," Thomas said.

One of the things nutrition services emphasizes to people is not to just diet but to develop new eating habits that they will be able to live with long after the diet is over, according to Busch.

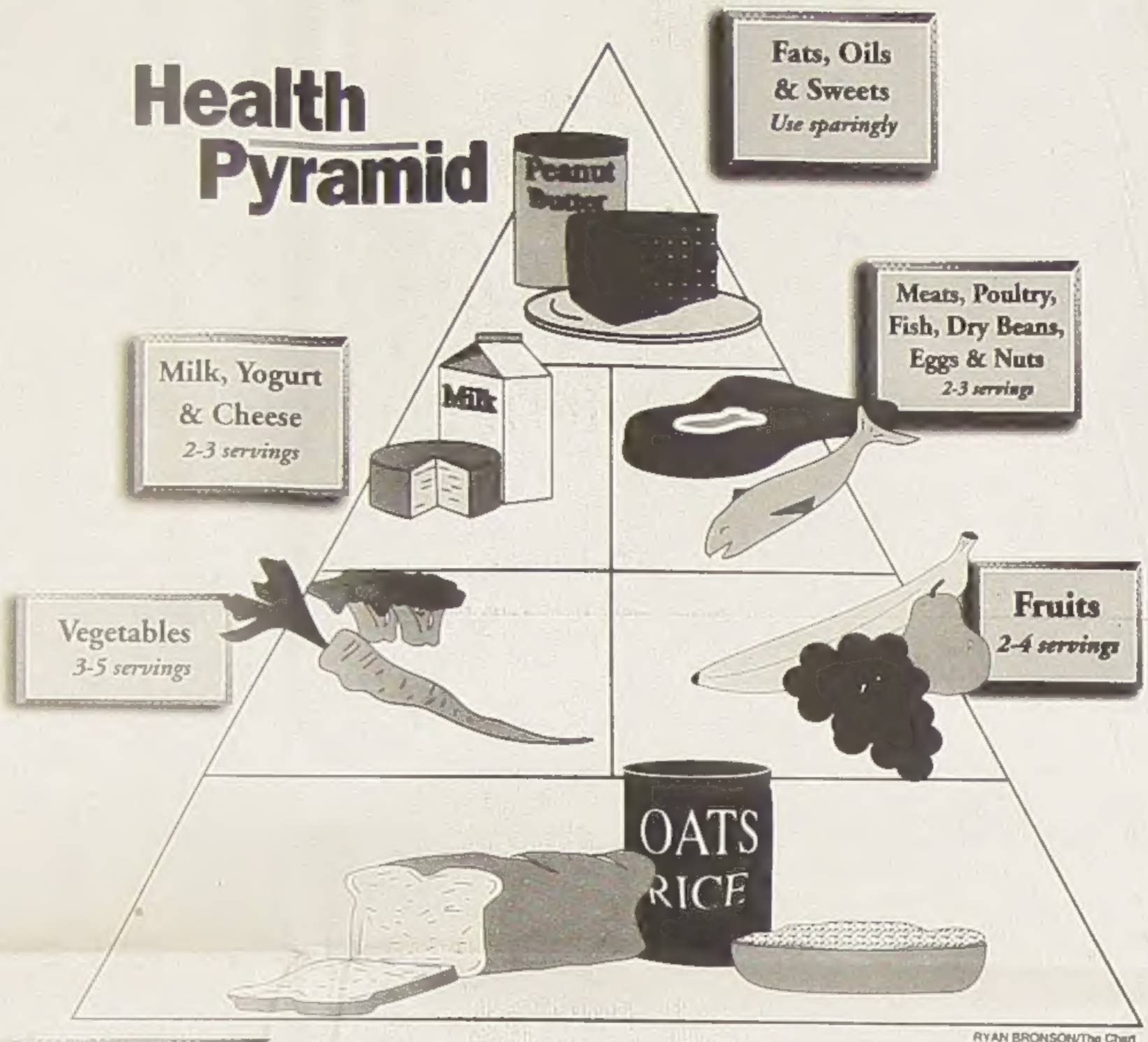
"And all the foods people have access to now that they never did before helps," she explained. "But people should still practice moderation with the low-fat foods and desserts."

The new food labeling regulations are a great help to people who are interested in their nutrition, whether it be to watch their weight, for heart reasons, or just general knowledge, Busch said.

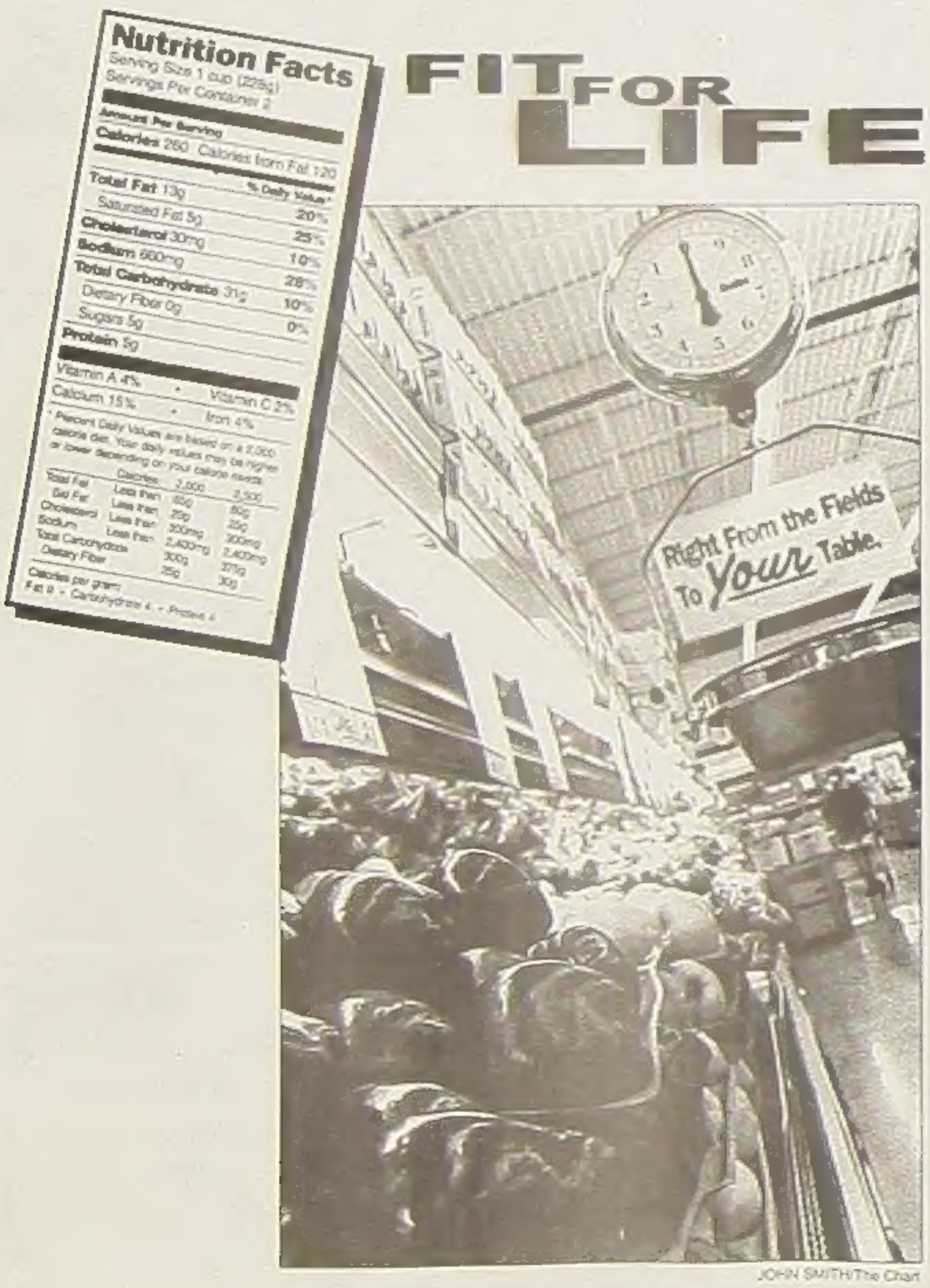
Products can't just throw around words and phrases like low sodium, light, and low calorie or fat. For example, for a product to claim to be low fat it must have no more than three grams of fat per serving, Busch said.

Even the most perfect diet regimen won't be successful unless it is paired with exercise, she warned.

"Even walking three times a week for 20-30 minutes will do the trick," she said. "People don't have to do without sweet and salty foods, just eat them in moderation." ❐



RYAN BRONSON/The Chart



JOHN SMITH/The Chart

New method provides relief from yo-yo diets

By TERESA BLAND
STAFF WRITER

A Joplin weight loss center is offering an escape from the continuous merry-go-round of fad diets and yo-yo losses and gains by offering a program that satisfies appetites.

The plan utilizes a natural weight loss program combined with the "Phenfen" diet. A nine-year study by Dr. Michael Weintraub at the University of Rochester has shown weight stays off longer with the "Phenfen" diet than other diets.

"Phenfen is Phentermine, or adipex, and Fenfluramine, or pondimin," said Dr. Randall Sukman, of Shapers Weight Loss and Weight Control Centers. "Phentermine is an appetite suppressant, and pondimin works by raising the neuro-transmitter seratonin, which makes you feel full and sleepy."

Taken in combination, the two medications cause a rise of growth hormone.

"That rise of growth hormone is stimulated by eating tree fruits with pectin, vegetables which contain guar, or vigorous exercise," Sukman said. "Every time you get a boost of the growth hormone, it causes the calories to be driven to muscle instead of fat, because you can burn fat and save muscle. It's a very healthy weight loss."

In addition to the drug therapy, Sukman tells his patients to exercise.

"As with any diet, we ask our patients to exercise at least 30 minutes a day," he said. "The amount you lose and how fast you lose, is largely determined by your exercise." Typical weight loss with the Phenfen diet and appropriate eating is approximately five to eight pounds a month. With exercise, the typical loss is six to 16 pounds per month.

Patients in Sukman's programs do not starve.

"We ask patients to follow a 12,000-calorie and 20-fat-gram-a-day diet, which is actually quite a few calories and fat grams," he said. "Patients lose faster by eating than by starving themselves. Also by eating, you burn what is in your stomach instead of burning off the muscle, which isn't healthy."

There are some side effects to taking the drug therapy.

"All patients experience dry mouth, but we ask patients to drink eight to 10 glasses of water and limit their caffeine intake because caffeine slows weight loss," Sukman said. In the first week, some patients experience loss of sleep, hyperactivity, sleepiness, headaches, nausea, or blurred vision.

"Luckily those symptoms go away very quickly, usually in the first four days," Sukman said.

When patients come to Sukman, they are examined, and their body mass index is figured by taking the weight in kilograms and height in meters squared. With the figures, he determines the length of time the patient will be on the medication before going on a maintenance program.

"When they reach their desired body weight, they are put on the maintenance program with a lower dose of Phenfen and good nutrition and exercise," Sukman said.

The Phenfen program is not for women only; men are also participating.

"I love treating men; they do two to three times better," Sukman said.

The program claims to work for those suffering from health problems as well.

"We treat diabetics and those with hypertension," Sukman said. "With the proper nutrition and exercise, their need for medication drops."

Compared to other diet programs and fad foods, the cost of the Phenfen program is lower in price.

"If you look at what people pay for weight loss, we're the lowest price diet there is," Sukman said. "It's not inexpensive to do, but the lifelong benefits far outweigh the cost."

In the four months that Sukman has offered his diet program, he has seen many of his patients lose weight.

"Last month, my patients lost a total of 12,000 pounds," he said.

When asked how many patients he has, Sukman just smiled and said, "That's our only guarded secret." ❐

Total fitness includes proper diet, exercise

By STEPHANIE GOAD
ASSOCIATE EDITOR

With the rise of the fitness age, health clubs are offering state-of-the-art fitness programs to help the weight conscious meet their goals in the fitness world.

You can find anything from low-impact aerobic classes to intense cardiovascular workout equipment.

Although working out will help to achieve overall fitness, according to Cindy Hughes, fitness coordinator and personal trainer at the Joplin Family Y, a marriage must exist between physical exercise and a proper nutritional diet.

"Just exercise isn't enough," she said. "They also need to watch the number of fats they take in."

There are fitness programs designed to target both areas.

"I put people on the Healthwise program," Hughes said.

The Healthwise program combines the proper amount of exercise with the proper dieting techniques.

"We don't diagnose or tell people how to eat," Hughes said. "We give them the basic facts and we use a registered dietitian from Freeman Hospital."

She said most people don't realize the basic facts about dieting such as the suggested amount of fat intake per day.

"A woman should take in no less than 23 grams of fat per day and consume no more than 30 percent fat in their daily caloric intake," Hughes said.

Hughes suggests cross training during a physical workout. Cross training is the rotation of the type of workout; for instance, the alternation of weight training and cardiovascular workouts.

"People need cardiovascular workouts and strength training at least three days a week for at least 30 to 45 minutes to maintain fitness," she said. "But to improve fitness, they really need cardiovascular four to five times a week."

According to Hughes, the fat-burning process is dependent upon a person's metabolic rate.

"It takes about 15 minutes at the target heart rate for a person to reach the fat burning zone," she said. "It's the continuous, uninterrupted exercise that is more effective."

The target heart rate, Hughes said, is 220 minus a person's age for the maximum attainable heart rate.

"But you don't train at the max because you couldn't do it for very long."

She said a person should train at approximately half to three-fourths of the maximum attainable heart rate.

Sandie Morgan, member of the Y, has frequented the health club for 17 years and believes her overall health has improved.

"This place helped me to quit smoking and has also helped me get into shape," she said.

Morgan, 56, works out at the Y five days a week, attending aerobic classes as well as resistance training with weights.

"I am a big fan of fitness," she said. "Working out helps, as you age, to stay fit."

Morgan stresses the need for a personal trainer when beginning any fitness program.

"You need a trainer to help you determine which exercises are appropriate based on your age and your fitness level," she said. "You can't just jump in, especially if you're pregnant, older, or terribly overweight. The trainer can do an assessment and suggest the appropriate exercise. Then, as you progress, you can go longer and harder."

Hughes said before she even puts people on a fitness program she finds out their goals, exercise history, and past injuries or surgeries.

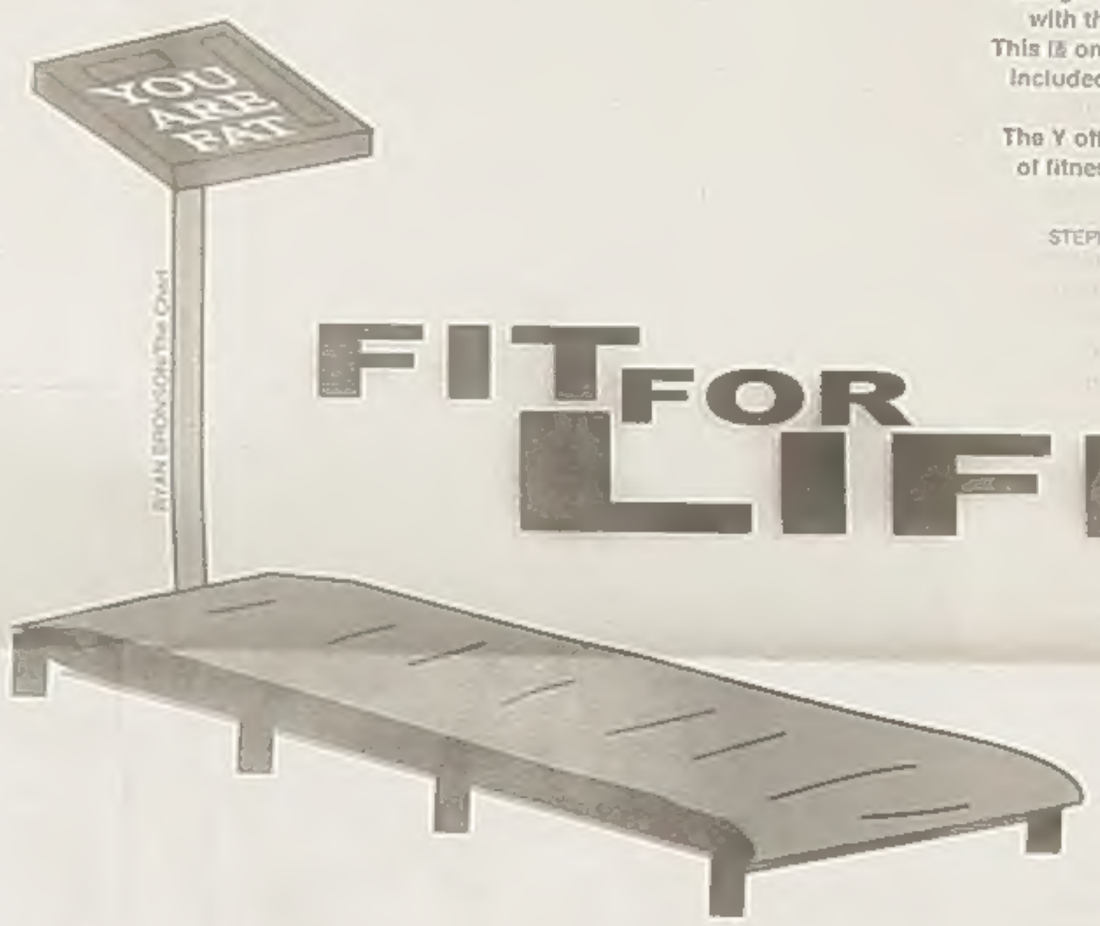
"Then we orientate them on the machines and get them started in the program," she said.

She said the main ingredient in any fitness program is consistency.

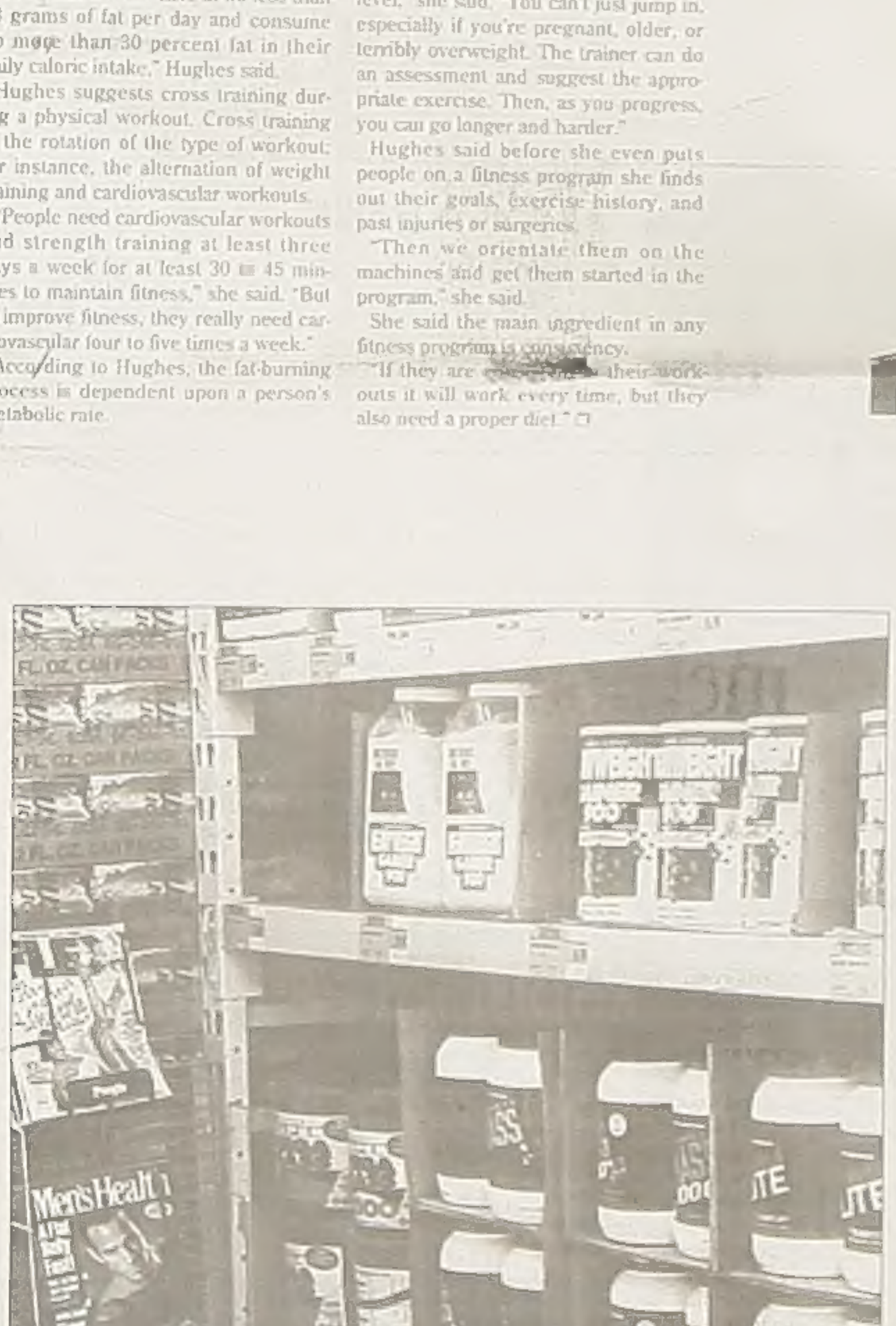
"If they are consistent in their workouts it will work every time, but they also need a proper diet." ❐

Cindy Hughes, fitness coordinator at the Joplin Family Y, assists Sandie Morgan, 17-year member, with the shoulder press. This is one of the exercises included in the resistance training workout. The Y offers a wide variety of fitness programs to its members.

STEPHANIE GOAD/The Chart



RYAN BROWSO/The Chart



Many grocery stores and discount marts host on their shelves a wide variety of the latest body building regimen. There are drinks and powders, all promising to build muscle mass as well as increase the rate of metabolism. A person may also find numerous magazines sporting the ideal body.

JOHN SMITH/The Chart

Seekers of weight-loss cures should not expect miracles

By GINNY DUMOND
STAFF WRITER

Acquiring the perfectly shaped body requires no effort and freedom to eat whatever you please— fact or fiction?

Fulfilling this ideal has been the main premise of fad diets throughout the years. How to make people lose body fat with little or no exercise and allow them to eat food that one can enjoy has become the gold-mine of the 20th century.

Think about it. Every super-model has a workout video, every retired sports hero has a health shake, and any former TV star will when it comes to endorsing the latest weight-loss gadgets.

In an age when every powder, pill and potion with the potential to create even minimal weight loss is marketed heavily by any and all takers in the competitive world of the fat-burning industry how do you know who to believe?

Jane Case, part-owner of Good Vibrations—Joplin's "House of Health", says that over the years there have really been no "miracle cures" for people hoping to lose weight.

"Most of what we know about what does and doesn't work is by trial and error," Case said.

One major contributor to weight gaining is the aging process. Case said that there is a new product on the market which users are calling "the fountain of youth". DHEA (dehydroepiandrosterone) which is produced in the human adrenal gland is now available for resale. DHEA is the only hormone that declines in amount with age in both males and females—adding this to the aging body helps to not only slow the aging process, but reduces the risk of health problems from senility to heart disease according to Ray Gebauer of Holistic Health News.

Another new fad is a pill called Fat Grabbers. This is an all-natural substance which is supposed to trap all the fat the body consumes and carry it out of the body.

"This has become one of our bestsellers with the best results," Case said.

Joplin schoolteacher Tammy Bunch has been on a strict diet for over a year and is pleased to have found Fat Grabbers.

"I went to four birthday parties one weekend. I ate cake and ice cream at every one of them, and with the Fat Grabbers I didn't gain a pound."

Case said one key to feeling better, whether dieting or not, is to keep up intake of vitamins and minerals.

"The world today is so centered around fast and convenient food that we don't take time to get all of the nutrients we need." ❐

Sports SCOPE

Hey, girls just wanna have fun

Certainly I can't be expected to remember the exact moment when I heard those fateful words: "Somebody's putting together a girls' soccer team."

My head snapped, my eyes bulged, and my heart began pounding as I started to contemplate the possibilities. I have dreamt of this moment ever since leaving my junior college and a stellar women's soccer program.

J. L. Griffin
Executive Editor

First of all, I have vaguely addressed the misnomer of the quote above. One has to understand that any soccer program featuring women over the pubescent age is no longer girls' soccer; it is a women's team. Women play soccer much harder than men do — I'm sure I'll have a few people disagree with me on that — yet, it's true.

As proof, I would like to call upon Michael Crichton's collection of memoirs titled *Travels* to explain this theory.

In the 1980s, Crichton found himself once again divorced and living in Los Angeles. Again single, but in a whole new world. The age of feminism was in full swing and women were preoccupied by their jobs and dominating the boardroom. The sex roles had been reversed, and the poor author found himself in quite a pickle. He talked to a friend about the societal change and discovered he was the stereotypical woman and his dates had become the stereotypical man.

That's where the sports world is today. The sex roles have been reversed. Television viewers can even see a difference in the emphasis placed on the advertising audience. Nike has gone on a full-out strike to win the women's athletic war. Jackie Joyner-Kersee is one of the most recognized athletes in the country. In China, the women's national team volleyball coach is the second-highest-paid person, next to the country's leader, who is a man.

However, to prove the sex role reversal even further, I point to ice skating. No longer a sport where the attention is all fixed on the women, now men are just as big a draw as the women.

Women's soccer is on the way up. One of the biggest stars to come out of the Olympics this year was the United States women's soccer team. The squad was on the heals of the women's gymnastics team for the most celebrated team of the Olympics, and if the gymnasts had faltered, who knows what might have happened.

Nary a word was spoken of the men's swim team in Atlanta, but the women's group was all the rage. Even celebrated water speedster Janet Evans received more press for performing poorly than some of her male counterparts who did perform above and beyond what was expected.

Simply, women are bringing something new to the world of sports and Missouri Southern now has the opportunity to be pioneers of this frontier.❐

J. L. Griffin

FOOTBALL

Lions escape 4th-quarter scare

Southern's 2-0 record at stake against Central

By RICK ROGERS
EDITOR-IN-CHIEF

After notching their second consecutive road victory with a 22-20 MIAA win at Emporia State Saturday, the No. 14-ranked Missouri Southern football Lions will open their home schedule against Central Missouri Saturday at Fred G. Hughes Stadium.

Southern's win at Emporia marked the team's first victory at Welch Stadium in eight seasons and the first conference opening loss for the Hornets (0-3, 0-1 in the MIAA) in six years since joining the MIAA.

Southern head football coach Jon Lantz said he was relieved to escape Emporia with his first win in eight seasons at the helm of the Lions.

"That place just has a real funk to it," he said, speaking of the atmosphere at Emporia's Welch Stadium. "There is an aura about that place that you just have to fight, and I hope other people say the same thing about coming to Joplin. It's tough to play anywhere when you are on the road, but Emporia is just one of those places that is even worse.

"I was just happy to escape that fourth quarter with a win."

After a scoreless first quarter, Southern's Jason Friend, who saw action due to an injury to Justin Taylor, put the Lions on the board with a 18-yard run at the 12:53 mark of the second quarter.

Freshman place-kicker Mark Lewandowski booted a 19-yard field goal with 2:05 left in the first half, giving Southern a 9-0 edge at the half.

In the second half, sophomore quarterback Brad Cornelsen went to work, giving the Lions a quick 15-0 edge with a 1-yard plummet at the 6:58 mark of the third quarter.

Cornelsen racked up his second touchdown of the game a little more than four minutes later with a 3-yard run to give the Lions a 22-0 advantage with 4:28 left in the third quarter.

Cornelsen completed 13 of 15 passes for 195 yards and two touchdowns for the game.

But Southern's 22-point lead proved almost not enough as Emporia scored three consecutive touchdowns late in the game. Missed extra-point opportunities proved costly to the Hornets, however.

On the ground, Friend made the most of his opportunity, gobbling up 81 yards on 11 carries and scoring one touchdown. Junior tailback Wallace Clay, who rushed for 153 yards in the season opener Sept. 14 versus Northeastern (Okla.) State, had 57 yards on 11 carries, but led the Lions' passing game, catching four passes for 120 yards.

Southern produced 398 total yards, 203 rushing and 195 passing.

Lantz said he has been pleased with his team's offensive output since the second half against Northeastern.

"We are big on balance, and we still want to throw the football," he said. "Our objective is not to lead the nation in rushing; our objective is to try win every week."

Senior defensive end and linebacker Richard Jordan led the Lions' defensive charge with 15 tackles (10 unassisted).

THIS WEEK'S GAME

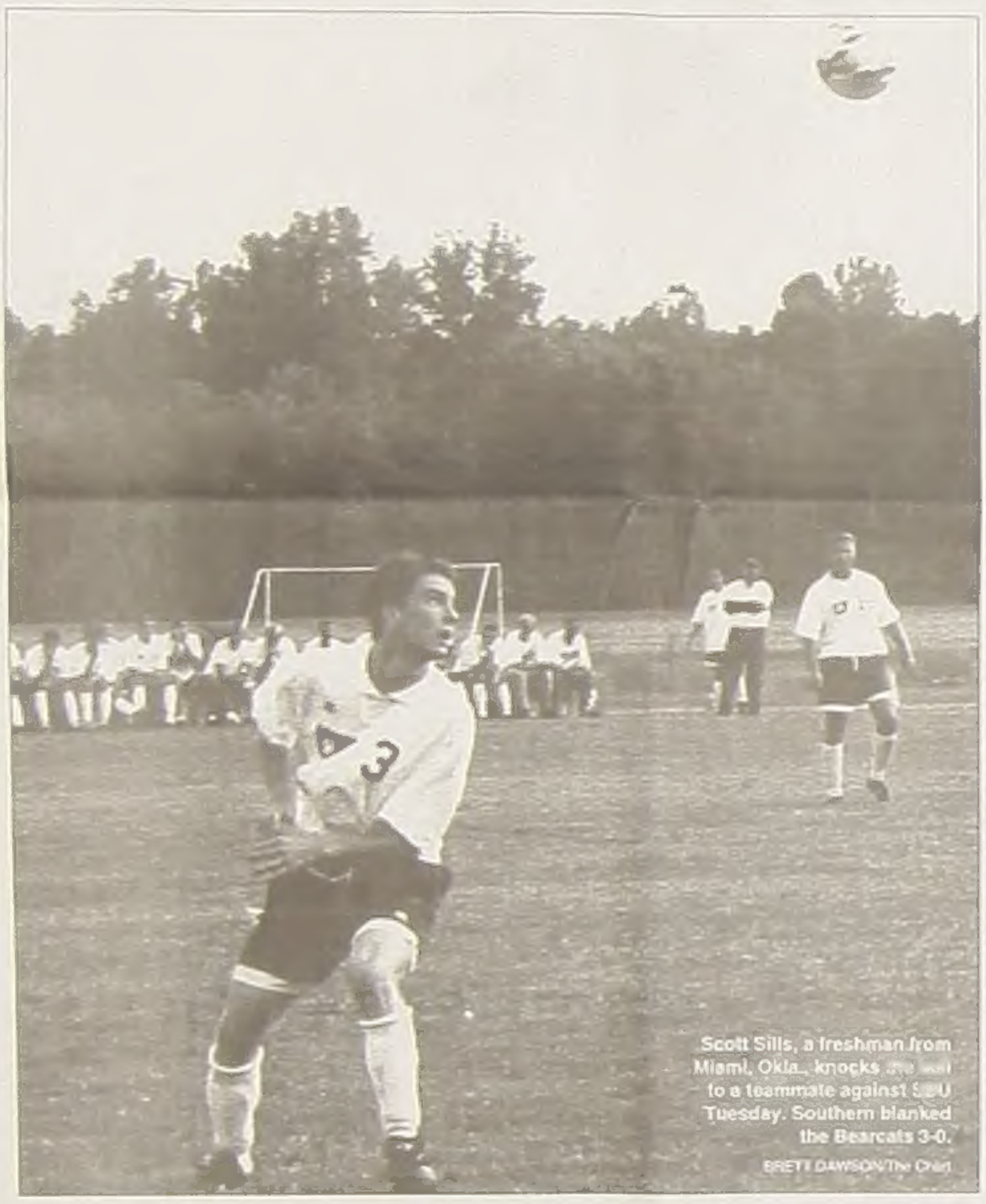
Missouri Southern
LIONS *VS.*
Central Missouri State University
MULES

RECORDS: *Missouri Southern 2-0, Central Missouri 2-1*
WHEN: *Saturday, Sept. 28, 7 p.m.*
WHERE: *Fred G. Hughes Stadium*

Central Missouri State (2-1, 0-1 in the MIAA) will head into Hughes Stadium riding the coattails of a 14-12 heartbreaking

— *Please turn to* FOOTBALL, *page 13*

SOCCER



Scott Sills, a freshman from Miami, Okla., knocks the ball to a teammate against SBU Tuesday. Southern blanked the Bearcats 3-0.
BRETT DAWSON/The Chart

Victory improves streak to 5 games

Balanced offense leads Lion squad in 3-0 win over SBU

By DAN WISZKON
STAFF WRITER

A balanced offensive unit paired with a stingy defense has stretched the soccer Lions' winning streak to five games and a 6-1 overall record.

Missouri Southern is coming off a 3-0 victory over Southwest Baptist University Tuesday in which it outshot the visitors 23-5. Sophomores Adam Bahr and Matt Cearnal scored for the Lions, with freshman forward Shane Delmez adding an unassisted goal late in the game.

Jose Suarez and Chuks Etolue assisted on Bahr's goal at 4:30 into the game.

Freshman midfielder Shawn Delmez's pass to Cearnal enabled Southern to carry a 2-0 lead into halftime.

Goalie Chris Lewis was strong in net when he had to be, making three saves in Southern's third consecutive shutout.

The Lions previously blanked Oral Roberts University 1-0 and Ozark Christian College 5-0.

Head coach Jim Cook said the team was in prime condition for the game against SBU.

He once again stressed Southern's depth at all positions as the key to his team's success.

But perhaps the Lions' toughest challenge of the season will come at 1 p.m. Saturday when they visit the Truman State University Bulldogs in Kirksville. The contest will be the first MIAA action for Southern.

"We have to beat this team in order to win conference," Suarez said. "They are a tough team on their home field and anywhere else."

Suarez, among Southern's leaders with four goals and two assists, believes the team is ready for the all-important trip northeast.

"The team is understanding and knowing each other better," he said.

"We are playing our game, and so are our opponents. They are having to adjust to our style."

On the downside, Cearnal sustained a broken leg in the game against Southwest Baptist and will sit out the remainder of the season.

He joins James Deems (gall bladder surgery) and Mark Hasseberg (broken leg) on the sidelines.

After playing Truman, the team will travel to Springfield to battle Drury in a non-conference game at 7 p.m. Tuesday.❐

CROSS COUNTRY

Stampede provides friendly ground for Lion runners

By JASON OWEN
SPORTS EDITOR

JOHN SMITH/The Chart
Jake Wells takes the corner in last Saturday's Southern Stampede.

After a tough trip to the Kansas University Invitational, coming home should be good news for the Lions.

"We had such a bad meet two weeks ago, we needed to come back and do well last weekend," said Tom Rutledge, men's cross country coach, "and we did. The Jock's Nitch Southern Stampede gave us an opportunity to run at home, which was just what we needed. I was really pleased with the effort."

Rutledge said the inclusion of the University of Arkansas at the Southern Stampede increased the level of competition.

"Arkansas is just plain good," he said. "They're always good, and it doesn't help when they have a guy running for them who will most likely be the NCAA Division I national champ."

Southern's freshmen corps turned it up a notch, according to their coach. Rutledge said they kept their pace well into the fourth mile. At the KU Invitational, he said, they were fading by the three-mile mark.

Rutledge said overall he was pleased with the team's performance at the Southern Stampede and believes it bodes well for the remainder of the season.

On the women's side of things, it was business as usual.

"We really had a very good meet," said coach Patty Vavra. "We went out against very stiff competition and did very well. I feel very good about this group."

Vavra said the strong running of sophomore Sonia Blacketer added to her confidence.

"Sonia is running really well," she said. "She keeps going out and breaking records, and this week she set the record for a Southern athlete on our course. She is the anchor of our team, and she goes out and proves it every week."

Another runner Vavra knows she can depend on is sophomore Amanda Harrison. Harrison's performance has been extremely consistent, Vavra said. The coach said the future looks bright for the women's team, with both Harrison and Blacketer being sophomores.

Vavra said the only problem is that her team was much like the others in the conference.

"We have two very strong runners," she said, "but everybody does. The team that wins this conference is going to be the team whose younger runners step it up. That's what we have to work on."

Vavra said the team will spend the next practices working on their problem areas.

"We know what we have to work on, and we will," she said. "Our freshmen are doing a really good job, but you can only bring them along so far so fast. With a little more work, though, this team has great potential."❐

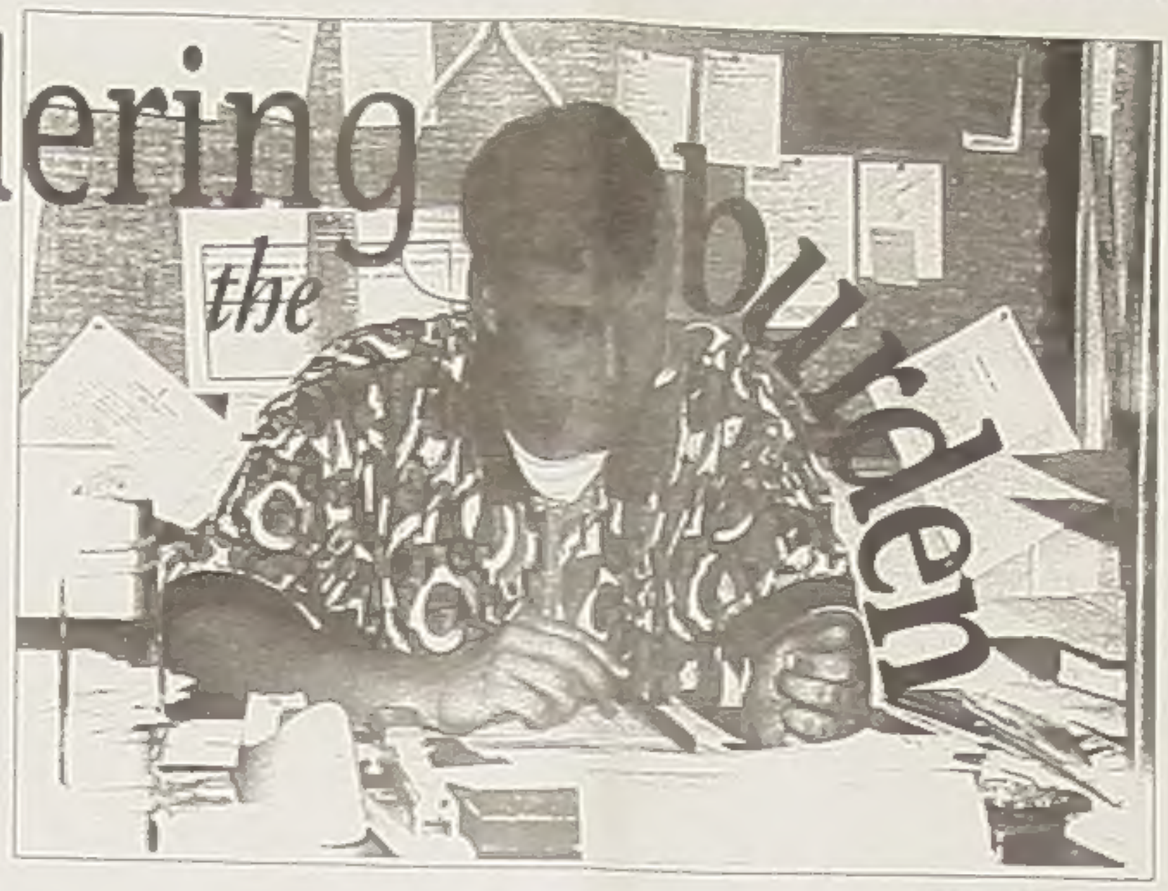
JOHN SMITH/The Chart
As head coach Patty Vavra cheers on, Amanda Harrison pulls through the home stretch in Saturday's home cross country meet.

❐ *For two years Cliff Henry was a sports information student assistant, now he is a student...*

Shouldering the burden

Southern student takes up slack after director exits

By JASON OWEN
SPORTS EDITOR



TERESA BLAND/The Chart

Sophomore Cliff Henry assumed the responsibilities of interim sports information director after Dennis Slusher left the position Friday. Slusher is now the assistant SID at Central Missouri State.

> *I really enjoy working with the student athletes. Being able to promote the school and the people I consider to be friends. Most of the people I know and hang out with are student athletes.*
>
> **Cliff Henry**
> Interim director, sports information

When former sports information director Dennis Slusher resigned from Missouri Southern earlier this month, he left an office full of work to be done.

The responsibility for the work did not fall on the athletic department's shoulders, nor the coaches for each respective sport. Much of the responsibility was firmly placed in the hands of Cliff Henry — a student.

"I had always helped out in the office," said Henry, a sophomore education major, "but now I'm the guy. It's a little overwhelming."

Henry said his father, who has been a sports writer for *The Joplin Globe* for 17 years, was the one who really turned him on to the job.

"My dad has covered men's basketball forever," he said, "and I grew up knowing Dennis [Slusher]. So when I realized that even though I loved sports, I wasn't big enough to play, I asked Dennis about helping him. He hired me on, and the rest is history."

Henry said he really enjoys the job, but his lack of time makes it hard in certain situations.

"It's really hard to remember that I'm a student sometimes," he said. "I want to help out as much as I can, but I have to remember my first priority is to get an education. I don't have much time to just sit around, but that's really the way I like it.

"This job keeps you really busy, and so you really have to learn to prioritize what's important. You have to learn to make time for things like family and friends."

Wendell Redden, who retired as sports editor of *The Joplin Globe* in December 1995, said Henry has been a "godsend" to him. Redden and Ron Fauss, director of the Joplin Sports Network, have been helping out after Slusher's departure.

"Cliff has really done an excellent job," Redden said. "He really knows where everything is and how to do all the jobs in this department. Coming in cold like I've had to do has been hard, but having someone like Cliff has really helped."

Henry said although he enjoys his job, it has not changed what he wants to do with his life.

"I am an education major, and that's still what I want to do," he said. "That was really solidified last winter when I had the opportunity to coach junior high basketball. It was such a great experience being with young people like that. I now know for sure that it is what I want to do.

"This job in sports information has really taught me a lot about dealing with the media, coaches, and just people in general," he said. "I'm really thankful I have had the opportunity to do this. It has given me skills that, especially as a coach, I will be able to use for the rest of my life."

Some might think Henry's age could cause some problems for him. He said, however, that it was just the opposite.

"Everybody in the conference knows that I'm a student, and they don't seem to mind," he said. "In fact, it really became more of an asset, because I am the only student working in this capacity in the conference."

Henry said the best part of his job is the people he has been able to work with.

"I really enjoy working with the student athletes," he said. "Being able to promote the school and those people who I consider to be my friends. Most of the people I know and hang out with are student athletes.

"So it really excites me to be able to promote them," Henry said. "It is just a lot of fun." While he enjoys what he does, he said there are things he misses because of the job.

"I really miss just sitting up in the stands, getting some popcorn, and yelling for Southern," he said. "You really can't yell when you're trying to get all the stats down."

Henry said while the pressure of filling in for Slusher might seem crushing, he has been able to accept the challenge because of the abundance of help he has received.

"The people that work in the athletic office are great," he said. "Wendell Redden, Ron Fauss, April Bailey, the coaches, and the athletic directors have all been great through this. They are more than happy to jump in and do whatever they can to help." ❐

FOOTBALL: Lions open home season

From page 12

defeat at the hands of No. 7-ranked Pittsburg State Saturday in Warrensburg.

Even though CMSU outgained PSU in total yards 301 to 271, the Mules trailed at the second half 14-6 before breaking into Gorilla territory three times only to score six points.

Lantz said he believes the loss puts the Mules into a must-win situation if CMSU wants to have any chance for a shot at the MIAA crown.

"Unlike any other team in the conference, they have to start their conference schedule with Pittsburg State and Missouri Southern," he said. "Now that they have lost the first game, this week is a must-win for them, as are the next seven games."

Junior wide receiver LA Maclin is touted by Mule head football coach Terry Noland as his team's main offensive threat.

Maclin transferred to CMSU after playing for Southern last season.

> *Now that they [CMSU] have lost the first game, this week is a must-win for them.*
>
> Jon Lantz
> Head football coach

"Right now I don't think we have any one definite threat on either side of the ball," Noland said.

"We have been inconsistent and we are going to have to improve in every area, and I don't think we have done that quite yet."

Maclin, who caught eight passes for 87 yards in his team's MIAA opener, leads the Mules with 163 yards on 12 receptions with a pair of touchdowns. ❐

MOORE: Senior teaches flag corps at Webb City HS

From page 8

She teaches flag corps at Webb City High School.

"This is my first year teaching, so I'm learning, too," Moore said. "The show we are working on [at Webb City] is great. It has a *Mission Impossible* theme, and the costumes are fantastic."

Originally from Lansing, Mo., Moore did not begin college at Southern. She transferred from Fort Scott (Kan.) Community College in 1993. At FSCC she participated in flag corps and cross country.

"Everyone at Fort Scott was saying I should transfer to Pittsburg State University," she said.

"But Missouri Southern is so much better. The faculty and everyone here is friendly and happy to see you. And the academic program is more than I could get elsewhere.

"I could be walking to class, see 20 people, and most, if not all, will wave, smile, say hello, or stop to talk," she added.

Moore's husband since 1994, Steven, also attends Southern. He's majoring in general studies with an emphasis in sports medicine. The two met at a band party ice-breaker at FSCC.

"We were on the same sand volleyball team," she said.

"I was playing center on the back row, and he was in front of me. The serve came over the net and I called it, but Steven didn't hear me and without looking back, he just backed right over me. After the point was scored, he said he felt something on the ground, looked down, and there I was, face down in the sand.

"After the game we started talking, and discovered that we were both 'dorm rats.' Then we started hanging out together and eventually began dating. Now we have been married for two years."

Moore partially attributes her happiness at Southern to two of her instructors. Robert Meeks, assistant professor of music, makes class and learning fun, she said.

"He can tell you you're messing up and still make you laugh about it," she said.

Another favorite is Jim Bray, head of the art department.

"Even though his classes are so hard sometimes that you sweat blood and you leave with a headache, you also leave learning something," Moore said. "You can't leave his class without learning something."

Despite her rather hectic life, she says she wouldn't trade it.

"Life is crazy. Performances sometimes go bad, and other times I get an art assignment that stresses me out, but as long as I'm busy and accomplishing something, I'm happy." ❐

Southern Scoreboard

The scores, stats, and numbers every Lions fan should know.

FOOTBALL

MIAA Standings as of Sept. 17

	Overall W-L	Conf. W-L
1. Northwest Missouri	3-0	1-0
2. Missouri Southern	2-0	1-0
3. Pittsburg State	2-0	1-0
4. Washburn	1-1	1-0
5. Truman State	1-1	1-0
6. Central Missouri	2-1	0-1
7. Missouri-Rolla	2-1	0-1
8. Missouri Western	2-1	0-1
9. Southwest Baptist	1-2	0-1
10. Emporia State	0-2	0-1

MIAA Results

SEPT. 21 RESULTS

Northwest Missouri 41, @ Southwest Baptist 7

Missouri Southern 22, @ Emporia State 20

Truman State 30, @ Missouri-Rolla 14

Missouri Western 7, @ Washburn 21

Pittsburg State 14, @ Central Missouri 12

MIAA Schedule

SATURDAY'S SCHEDULE

Central Missouri @ Missouri Southern

Washburn @ Truman State

Emporia State @ Missouri Western

Southwest Baptist @ Pittsburg State

Missouri-Rolla @ Northwest Missouri

VOLLEYBALL

MIAA Standings as of Sept. 8

	Overall W-L	Conf. W-L
1. Central Missouri	15-1	4-0
2. Truman State	11-6	4-0
3. Emporia State	13-5	3-1
4. Missouri Southern	7-4	3-1
5. Northwest Missouri	9-5	2-2
6. Pittsburg State	4-10	1-3
7. Missouri Western	1-12	1-3
8. Southwest Baptist	4-4	0-4
9. Washburn	3-5	0-4

MIAA Results

SEPT. 19 RESULTS

@ Central Bible (Mo.) 0, Southwest Baptist 3

@ Truman State 3, Northwest Missouri 2

SEPT. 20 RESULTS

MIAA Weekend I @ Truman State

Central Missouri 3, Emporia State 2

Northwest Missouri 3, Southwest Baptist 0

Truman State 3, Missouri Southern 0

SEPT. 21 RESULTS

MIAA Weekend I @ Truman State

Central Missouri 3, Northwest Missouri 0

Emporia State 3, Washburn 1

Missouri Southern 3, Washburn 1

Truman State 3, Pittsburg State 0

Emporia State 3, Southwest Baptist 0

Truman State 3, Washburn 1

SEPT. 25 RESULTS

@ EMPORIA STATE 3, MISSOURI SOUTHERN 1

MIAA Schedule

FRIDAY'S SCHEDULE

Northwest Missouri @ Missouri Western Invitational

Washburn @ Peru (Neb.) State

SATURDAY'S SCHEDULE

Emporia State @ Missouri Western Invitational

SOCCER

MIAA Standings as of Sept. 8

	Overall W-L	Conf. W-L
1. Missouri Southern	5-1	0-0
2. Truman State	4-3	0-0
3. Missouri-Rolla	3-3-1	0-0
4. Southwest Baptist	2-4	0-0
5. Lincoln	2-5	0-0

MIAA Schedule

SATURDAY'S SCHEDULE

Missouri Southern @ Truman State

Missouri-Rolla @ Southwest Baptist

SUNDAY'S SCHEDULE

Fontbonne (Mo.) @ Missouri-Rolla

MIAA Results

SATURDAY'S RESULTS

William Jewel (Mo.) 2, @ Southwest Baptist 1

Rockhurst (Mo.) 3, @ Truman State 0

Missouri-Rolla 0, @ Central Methodist 0

X-COUNTRY

Jock's Nitch Stampede Results

MEN'S RESULTS	SCHOOL	TIME
1. Thomas Korir	ACU	23:57
2. Musa Swanzura	ACU	24:10
3. Fallody Mooriga	ACU	24:16
4. Teddy Mitchell	unatt.	24:22
5. Martin Fysh	CMSU	24:33
6. Alexander Alexin	CMSU	24:50
7. Ryan Siler	unatt.	25:04
8. Nate Strout	CMSU	25:30
9. Jon Wilks	MSSC	25:39
10. Jamie Burnham	unatt.	26:00
11. Ben Mulvaney	CMSU	26:01
12. Josh Rogers	MSSC	26:20
13. Al Voelker	CMSU	26:27
WOMEN'S RESULTS		
1. Miranda Boonstra	ACU	17:35
2. Vivian Ruijters	ACU	17:40
3. Sonia Blackster	MSSC	17:58
4. Sheri Lentz	UMR	18:11
5. Sandy Thomas	CMSU	18:14
6. Amanda Harrison	MSSC	18:26
7. Karen Vann	unatt.	18:29
8. Angie Meyer	TSU	18:53
9. Julie Lehmann	TSU	18:58
10. Beth Cook	CMSU	19:01
11. Josie Martinez	ACU	19:04
12. Kati O'Hearn	ACU	19:10
13. Jennifer Cassin	SBU	19:22

MIAA Athletes of the Week

FOOTBALL (OFFENSE)
Jarret Anderson, TB, TSU

FOOTBALL (DEFENSE)
Zuri Stokes, CB, WU

VOLLEYBALL (HITTER)
Diann Davis, MH,NWMSU

VOLLEYBALL (SETTER)
Kirsten Bernthal, S, TSU

SOCCER
Jose Suarez, F, MSSC

MEN'S CROSS COUNTRY
Jurmain Mitchell, ESU

WOMEN'S CROSS COUNTRY
Sonia Blackster, MSSC

This Week

■ Football
Saturday — Missouri Southern hosts Central Missouri State, 7:00 p.m.

■ Soccer
Saturday —Missouri Southern at Truman State, in Kirksville, 1:00 p.m.

■ Golf
Monday — Missouri Southern at Missouri-Rolla Miner Invitational, TBA

■ Soccer
Tuesday — Missouri Southern at Drury College, Springfield, 7:00 p.m.

■ Volleyball
Wednesday — Missouri Southern hosts Central Missouri State, 7:00 p.m.

Nuts & Bolts

That man stole my car

There's a man in Liberal who took something away from me that I really wanted.

Last fall, as my husband and I commuted to and from school, I noticed a dark green Firebird once or twice. I didn't particularly care for the mid-70s body style, but I noticed that this car looked as though it had been restored very well. I noticed it around Joplin, and then at a house just off Madison Street in Webb City. As time went on, I'd look for the Firebird every day as I drove by, and one day I made a vow: Should that car ever come up for sale, I would buy it.

Leslie Roberts
Associate Editor

Christmas vacation came and was almost over by the time I made it back to Joplin. Parked on the front lawn of the house in Webb City, covered in snow, was this same Firebird, a Formula 350 with Pontiac Rally II wheels. I couldn't see the "For Sale" sign because of the snow, but I've seen enough cars for sale to know just by the "body language" — the way a car is parked.

But my husband refused to stop, and I worried that the car was indeed for sale and would be gone by the time school started. The first school morning came, the snow had melted, and the Firebird was for sale. I locked up the Miata brakes, and made my first official inspection of the Bird. It was a lovely deep, metallic green, with a hideous pea-green interior. The paint was new, but there was no overspray on the trim: a quality job.

I called the number on the sign many times that day, getting the answering machine, wondering what I would pay for such a car. The fact that I had no cash money, only plastic, kept occurring to me, but I figured the owner would be asking at least $4,500 for the car. When I finally got a real person on the other end of the telephone line, she told me they were asking $2,800 for the car. $2,800! I danced around *The Chart* office, chanting, "I'm going to get a Firebird! I'm going to get a Firebird!"

When I found out it was a 1974 model, I felt as though it was fate, since I was born in 1974. Unfortunately, I didn't say "Sold!" that very instant. Instead, I wanted to test-drive the thing to see if it could go straight down the road, turn, and stop. The day I looked at the car, it had a flat tire; by the time I got back to the owner at the end of that week, the aforementioned guy from Liberal had bought it.

Drat. No Firebird. I was kicking myself for weeks.

I even went to Liberal one day. I know, it's like looking for a 1974 Ram Air Formula 350 Pontiac Firebird in a small town, but against all odds, I found it. In a carwash. On a day when the temperature was 10 degrees above zero. Hmmm. Maybe the guy deserves the car more than I do — that's not the sort of sacrifice I'd be willing to make. He'd replaced the Rally IIs with some cheesy chromed steel wheels, and said without emotion that he wouldn't sell. The only time he showed any emotion at all was when I asked how it ran.

He looked up at me and said, "Good. Real good."

Make it hurt, why don't you. ❐

AUTOMOTIVE SPOTLIGHT

BMW Isetta blends economy, weirdness

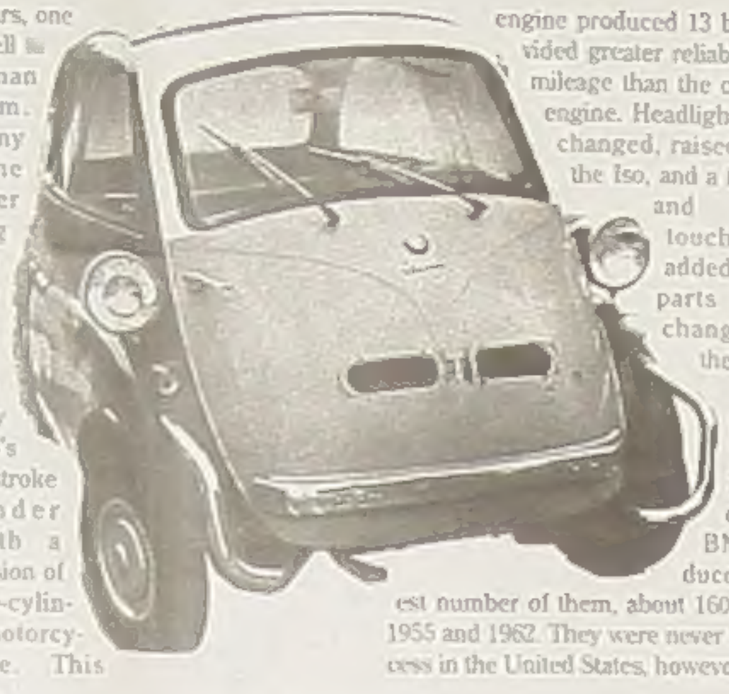
By LESLIE ROBERTS
ASSOCIATE EDITOR

For those of us who have grown up knowing BMW as a manufacturer of luxury cars, the weird-looking, decidedly non-luxurious Isetta is a mystery.

The reason behind BMW's Isetta production was simple, however: Solvency.

The little automobile was an Italian motorcycle manufacturer's post-war start in the automotive business. Renzo Rivolta of Iso Rivolta designed the car and his company built it from 1952-1954. The car's name comes from the company, literally meaning "small Iso."

BMW, which had primarily been a motorcycle manufacturer before World War II, noticed a downward trend in cycle popularity, a worrisome fact because their luxury vehicles cost much to develop and returned comparatively little. They began looking for a vehicle that would take advantage of the growing popularity of small cars, one they could sell to the German mainstream. The company found the Isetta. After obtaining license to manufacture the Isetta in Germany, BMW immediately replaced Iso's 9.5 bhp two-stroke two-cylinder engine with a detuned version of their single-cylinder R/27 motorcycle engine. This engine produced 13 bhp and provided greater reliability and gas mileage than the original R/27 engine. Headlights were also changed, raised a bit from the Iso, and a few cosmetic and functional touches were added, so that no parts are interchangeable with the original.



Although the Isetta was licensed in five different countries, BMW produced the greatest number of them, about 160,000 between 1955 and 1962. They were never a roaring success in the United States, however.

According to research conducted by Marilyn Felling, co-founder of the Heinkel, Messerschmitt, Isetta Club of America, about 8,000 Isettas made it into this country, and of those, she estimates that about 1,000 are still in existence.

The Isetta is only 89.9 in. long and 54.3 in. wide, which gives it a cartoonish look. In addition, its only door opens in front.

Other unusual aspects of the Isetta are the hinged steering column and the track width differential between the front and the rear.

Len Frank, driving the Isetta for the August 1982 issue of *Special Interest Autos*, wrote, "Handling is surprisingly good. Body lean is nearly non-existent, there is no rubbery feeling in the suspension or controls, no slack. The short wheelbase aids quick direction changes, the engine *sounds* torquey."

He also noted that directional stability in crosswinds and on bumpy or slippery surfaces was a problem. ❐

RUST REPAIR

Step 7: The new panel is tacked in place with four pairs of pliers.

S-10 gets skin graft

When he signed on at Liter's Automotive, a parts store in Nevada, Mo., Mark Humphrey didn't know that his counter job would also include repairing the firm's parts delivery truck, a 1982 Chevrolet S-10 Tahoe.

However, there is no question that the truck, although reliable, needed a little work after 14 years of service. The lower fenders and rocker panels were rusted out. Humphrey tells how to replace a rusted panel with a replacement panel.

■ The remains of the right rocker panel, with the door and fender already removed to gain access to the full panel.

■ The first task is to cut the replacement panel to fit around the rusted area.

■ Then, fitting the panel over the area to be removed, Humphrey draws around the edges of the replacement panel with an ink pen.

■ Using an air-powered cutoff tool, he cuts along the lines.

■ Then, using an air hammer with a chisel attachment, he breaks the spot welds loose.

■ The rocker panel area with the old panel removed.

■ The new panel fitted and tacked in place with four pairs of locking pliers.

■ Next, the panel was tack welded in place and bead welded around the edges with a MIG welder.

■ Then, the welds were ground down and the panel area was painted, creating the finished door jamb shown here. ❐

NEW CARS

Ram Air returns to Pontiac ragtops

By LESLIE ROBERTS
ASSOCIATE EDITOR

For Pontiac, the words "Ram Air" bring back memories of the days when politically incorrect, firebreathing muscle cars roamed the earth, creating fear and wonder in the hearts of those not fortunate enough to own such vehicles.

Such an image is one that Pontiac no doubt liked, because in 1993 twin hood scoops returned on a dolled up Firebird called the Firehawk, which could be ordered through Pontiac dealers but was a modified by Street Legal Performance Engineering. In the fall of 1995, the full "Ram Air" moniker returned with the snorkel hood and a more aggressive suspension included in the WS6 option.

The Firehawk was rated at 300 horsepower if one ordered only the induction system. The WS6 package provided 305 bhp and continues on into 1997 with that rating.

What's new this year is the availability of Ram Air on Firebird Formula and Trans Am convertibles. The Ram Air Performance Package, which includes the induction system, high polished 16-in. cast aluminum wheels and dual exhaust tips, and P245/50ZR16 tires.

Pontiac adds 13 structural parts to the convertibles, and increases front cross member structural stiffness; but even so, the WS6 package, which includes stiffer 40 series tires mounted on ultra-cool 17-in. wheels, 32 mm front and 19 mm rear anti sway bars, and higher spring rates all around in addition to the Ram Air induction system, is not available.

Base prices for the Firebird Formula convertible and the Trans Am convertible are $26,979 and $28,899, respectively.

The horsepower rating for the Ram Air is the same as the rating for the WS6 engine in the coupes, 305 bhp. ❐

PONTIAC PHOTO Special to The Chart

This is the first year for Ram Air availability on Trans Am convertibles such as this one, and Firebird Formula convertibles. The Ram Air package includes polished 16-inch aluminum wheels, P245/50ZR16 tires, and the distinctive hood. A more aggressive suspension is only available on Ram Air-optioned coupes.

MISSOURI CONSTITUTION TEST

For students who need to take the test on the Missouri Constitution, please observe the following schedule:

Lecture Tue., Nov. 19, 1996 - 12:20 p.m. - WH210
Test Tue., Nov. 26, 1996 - 12:20 p.m. - WH210

All out-of-state students who plan to graduate in May, 1997; July, 1997; or December, 1996 who have not taken U.S. Gov't or State and Local Gov't in a Missouri College should see Pat Martin, Room H-318 on or before November 14 to sign up to take the test.

Please note: Students taking this test must pay a $5.00 fee to the Business Office H-210 prior to taking the test; and present your receipt to the instructor when you go to the test room.